

South Knoxville Senior Center
 6729 Martel Lane ,Knoxville, TN 37920
 Phone: 865-573-5843
 FAX: 865-573-5880



POOL HOURS 7:30-3:30
BY RESERVATION AT THIS TIME. PLEASE CALL AHEAD AS THERE IS LIMITED AMT. ALLOWED IN POOL AT THIS TIME.

***DAILY SCHEDULE REMAINS THE SAME. SPECIAL EVENTS ARE LISTED BY DATE.**

	Mon	Tue	Wed	Thu	Fri
This Row—Daily Schedule	7:30 Free Swim 9:00 Water Aerobics 10:30 Water Peeps 11:00 Quilting 12:00 Free Swim 1:30 Water Aerobics 2:30 Aquaball 3:00 Free Swim	1 7:30 Free Swim 9:00 Water Aerobics 10:00 Crafts 10:30 Water Peeps 12:00 Free Swim 1:00 Cards 1:30 Water Aerobics 2:30 Aquaball 3:00 Free Swim	2 7:30 Free Swim 9:00 Art Class 9:00 Water Aerobics 10:00 Quilting 10:30 Water Peeps 12:00 Free Swim 1:30 Water Aerobics 2:30 Aquaball 3:00 Free Swim	3 7:30 Free Swim 9:00 Water Aerobics 9:00 South Knox Opry <i>(Will be Outside Only Weather permitting; bring your own chair!) ZOOM</i> 10:30 Water Peeps 12:00 Free Swim 1:00 Cards 1:30 Water Aerobics 2:30 Aquaball 3:00 Free Swim	4 7:30 Free Swim 9:00 Water Aerobics 10:00 Chen Tai Chi 10:30 Water Peeps 11:00 Cards 11:15 Stability 12:00 Free Swim 12:00 Chen Tai Chi 1:30 Water Aerobics 2:30 Aquaball 3:00 Free Swim
	7	8	9	10	11
	14	15 8:30--10:00 	16 Nail Trimming 10:00-2:00 	17  Father's Day Celebration @ SK Opry 9:00-12:00 noon	18
	21	22	23	24	25
	28	29	30		