HALLS SENIOR CENTER
4405 Crippen Road, Knoxville, TN 37918
865-922-0416

Happenings...

Closed on Monday, November 11th - Veterans Day
Closed Thursday & Friday, November 28th & 29th - Thanksgiving
Closed Tuesday & Wednesday, December 24th & 25th - Christmas
Closed on Wednesday, January 1st - New Year’s Day

Field Trips

Monday, November 4th at 11am - Mighty Musical Monday at the Tennessee Theatre
The Scruffy City Orchestra will be performing this month along with performances on the Mighty Wurlitzer Organ. Box lunch and concessions are available at the theatre. Sign up early.

Monday, December 2nd at 10:30am - Mighty Musical Monday at the Tennessee Theatre
All the stops are being pulled out for this seasons kick-off Christmas Program along with performances on the Mighty Wurlitzer Organ. Box lunch and concessions are available at the theatre. Sign up today, space is limited.

Thursday, December 5th at 1:15pm - Music for Seniors Free Daytime Concert Series
Carol Zinavage Shane and Friends will be performing classical and Holiday Favorites at the Episcopal Church of the Ascension. Limited Space. RSVP.

Monday, December 2nd thru Friday, December 6th at 12pm - Eat, Drink, and be Merry!
Every day this week at 12pm, the following sponsors will be here with special treats to help us keep calm and carry on through the holiday rush:

Monday, December 2nd - Making a List and “Chex”-ing it Twice with Seniors Helping Seniors
Tuesday, December 3rd - “It’s a Hot Chocolate Kind of Day” with Core Insurance.
Wednesday, December 4th - “Oh Christmas Treats” with Morning Pointe Senior Living.
Thursday, December 5th - “Dashing through the Dough” with Mac’s Pharmacy.
Friday, December 6th - “Popping” by to Wish you a Merry Christmas with The Courtyards.

Halls Toy Drive: Help Make the Season Bright! - It is time for the annual Christmas toy drive in the Halls Community. Jeanie Sager will be placing a toy donation box at the Center for anyone wishing to donate new unwrapped toys and clothing for the drive. The donations will be used to help children and youth in the Halls Community this holiday season. Please turn in by Friday, December 6th for wrapping and distributing.

Congratulations to the Halls Senior Center Brain Games Team! They won the district competition and then came in second in the Sub-state Competition.

Mike Carmichael, Victoria Ryan, Bruce Thompson, and Micki Wiles

Congratulations to our winners of the 1st Annual Chili Cook-off
1st Place - Richard and Norma Park, 2nd Place - Janie Myers
Movie Matinees - Thursdays at 1:00 pm **New Time**

November 7th at 1:30 pm - Special Veterans Day Presentation and movie about Audie Murphy, one of the most decorated American combat soldiers of WWII.

November 14th...**The Hustle**  (PG13) 1:34. Anne Hathaway and Rebel Wilson star as female scam artists, one low rent and the other high class, who team up to take down the men who have wronged them.

November 21st...**Toy Story 4** (G) 1:40. When a new toy called “Forky” joins Woody and the gang, a road trip alongside old and new friends reveals how big the world can be for a toy.

November 28th...**Closed for Thanksgiving Holidays.**

During Medicare Open Enrollment (10/15 thru 12/7), clients can have the opportunity to re-shop their health care and drug coverage choices. Each year, insurance companies can make changes to Medicare plans that affect out-of-pocket costs for monthly premiums, deductibles, drug costs and health care providers and pharmacies. We offer several opportunities for you to come in and get important information about your plan for 2020.

Tuesday, November 5th at 12:00 pm - Medicare Open Enrollment Presentation: Cigna

Tuesday, November 12th at 11:30 am - Medicare Open Enrollment Presentation: United Healthcare

Wednesday, November 13th from 8:30am to 4:00pm - Medicare Open Enrollment Assistance
Sara Mary Wallace, from Senior Information & Referral, and a part of the Affordable Medicine Options for Seniors (AMOS) will be here assisting with Medicare Open Enrollment. An appointment is required.

To schedule an appointment, please call 865-546-6262. When you come to your scheduled appointment remember to bring your current insurance cards, including your red, white, and blue Medicare card and a complete list of your medications including dosage and frequency.

Tuesday, December 3rd at 12:00 pm - Medicare Open Enrollment Presentation: Humana

Friday, November 8th at 1:00 pm - Craft Class: Aluminum Can Christmas Wreath
You are not going to believe this fabulous upcycled can wreath! Example is on display at the Center. Bring these materials to make this craft: dried up ink pen, several clean aluminum cans (Arizona Tea works well), scissors, and a good quality hand can opener. You “Can” Do It! Class is FREE, but you must register!

Tuesday, November 12th at 12:00 pm - Potluck - Veterans Day Celebration
Please join us today as we honor those who have served! Bring a dish to share and wear your patriotic colors for a fun day of fellowship. United Healthcare will be bringing dessert!

Thursday, November 14th at 1:00 pm - Super Speakers: Fall Prevention Awareness Event
“Stop Falls Before They Stop You”! Free balance, health, and vision screening provided by Knox County Senior Safety Task Force. A $20 Walmart gift card will also be presented to one lucky participant.

Friday, November 15th at 1:00pm - Craft Class: Homemade Holiday Greeting Cards
What better way to connect with family and friends than with a homemade holiday card. Gay Clapp will provide instruction and materials to make 8 card and envelopes for $10. RSVP

Monday, November 18th at 1:00 pm - Young Living Essential Oils: Educational Program presented by Mary Jo. The Make and Take project is a succulent diffuser and a pine cone diffuser. Cost is $5.

Tuesday, November 19th at 12:00 pm - Super Speakers: Parkinson’s Presentation
UT Speech-Language Pathologists have a new program for individuals with Parkinson’s Disease. The Speak Out and Loud Crowd Program focuses on speech, voice, and cognitive exercises. RSVP

Thursday, November 21st at 1:00 pm - Bookworms Book Club: “Suzanne’s Diary for Nicholas” by James Patterson. A powerfully moving and suspenseful novel about families, loss, new love, and hope.
Movie Matinees - Thursdays at 1:00 pm **New Time**

December 5th…**Lion King** (PG) 1:58. After the murder of his father, a young lion prince flees his kingdom only to learn the true meaning of responsibility and bravery.

December 12th…**The Peanut Butter Falcon** (PG13) 1:37. Critics call this movie the “sweetest darn film of the decade”. A young man with Down Syndrome, runs away from his care home to make his dream of becoming a wrestler come true.

December 19th…**The Art of Racing in the Rain** (PG) 1:49. Through his bond with his owner, aspiring Formula One race car driver, golden retriever Enzo learns that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.

December 26th….**T.B.A. Christmas/NYE Movie**

**Tuesday, November 26th at 12:00 pm - Grateful, Thankful, and Blessed with Riggs Pharmacy**
We are so appreciative of all the support from our friends at Riggs Pharmacy. Take a break from your Thanksgiving cooking and stop by for a special treat.

**Monday, December 2nd at 1:00 pm - Art Class: Photo Collage Class**
This is such a beautiful project and would make a great gift! Bring 4 photos and the teacher will provide the rest of the materials. **The cost is $22. RSVP**

**Monday, December 9th at 1:30 pm - Craft Class: Wood Slice Ornament**
Come and make some of the cutest little snowman ornaments ever! You will need to bring: 1. white, black, and orange paint, 2. paintbrushes, and 3. yarn for hat. We will provide the wood slice and other materials needed. **Sign up at the front desk or by phone 922-0416.**

**Fridays, December 6th and 13th at 12:30 pm - Craft Class: Coloring Christmas Cards**
Christmas is the giving season and we want to give back to those seniors that receive Mobile Meals. Join us and help color Christmas Cards that will be donated to those that are homebound this holiday season.

**Tuesday, December 10th at 12:00 pm – Potluck: Christmas Feast**
Come Jingle and Mingle with friends at our festive Christmas celebration! Our main dish has been generously donated from our Secret Santa. Sign up and let us know what traditional side dish and/or dessert you plan on bringing so that we will have plenty of varieties to share.

**Monday, December 16th at 1:00 pm - Young Living Essential Oils: Educational Program presented by Mary Jo.** Please come and join in our Make & Take event. This month will be bath salts and sugar scrubs. A perfect project for stocking stuffers for friends and family! **Cost is $5. RSVP**

**Tuesday, December 17th at 12:00 pm - Join in our Reindeer Games!**
We are setting up the Karaoke Machine for Christmas Carols! Then, we have a new Christmas Gift game to play this year and we predict it will get just as many laughs! Bring a wrapped gift that you wouldn’t mind receiving around $10 is suggested spending amount. Hillcrest Healthcare is bringing refreshments and a door prize for a lucky winner.

**Thursday, December 19th at 1:00 pm - Bookworms Book Club: “Comfort and Joy” by Kristin Hannah**
A heart-warming story of a woman at a crossroads, caught between two lives, who finds a second chance at happiness. We have a copy here in our lending library, come check it out! **RSVP**

**We wish you a Happy Holiday Season! Rebecca & Amanda**
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Y0040_GHJHGREN18 Accepted
1st Annual Chili Cook-off

Chili Cook-off - 1st Place

Halls Brain Games Winners

Best of Show Quilt