Grasscutter

9 Year Olds

Player Requirements

- Must have completed & submitted Concussion & Head Injury Form
- Must meet age requirements (based on age on August 1, 2014)
- Agree & abide by Knox County Sports Code of Conduct

Coaches (Head, Assistant) Requirements

- Must have successfully passed national background screening
- Must have completed & submitted Concussion & Head Injury Form
- Agree & abide by Knox County Sports Code of Conduct
- 1 Head Coach & 4 Assistants allowed to be on field during game. A 5th Assistant is allowed to track plays for each player.

Ball

R5-PW (Wilson or Rawlings only)

Weight

110 pound maximum for backs/ends. Teams weigh-in before each game.

Green Stripers

Must wear the green stripe on helmet until meet weight

Can not advance the ball

(Offense) Can be upright (does not have to be in 3-point stance) (Defense) Players can not play MLB/OLB or DB...only D-Line

(Defense) Must be in 3 or 4 point stance

(Kickoff) Can not go more than 10 yards downfield

(Kickoff Return) Must be within 10 yards of the ball at kickoff

Substitutions

Coaches may sub freely. All players must play 4 plays per game.

Game Timing

8 Minute Quarters with running clock until final 2 minutes of 2nd & 4th Quarters where HS timing rules are used. Clock stops on timeouts, scores, and injuries. No exerting in regular access.

and injuries. No overtime in regular season

Field Length

80 Yards

Penalties

4 yards, 8 yards

Punts

Ball moved 20 yards downfield, but not inside 10 yard line.

Kicking

No kicking. Ball placed on 35 yard line.

PAT

2 points for rush/pass

Slaughter Rule

If a team trails 35-0 in 4th Quarter and gains possession of ball, the game is called unless the trailing team coach chooses to continue & notifies the referee at the time the rule is in effect or when the clock continues to run