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## **JUNIOR MIDGETS**

### **12 Year Olds**

#### **Player Requirements**

- Must have completed & submitted Concussion & Head Injury Form
- Must meet age requirements (based on age on August 1, 2014)
- Agree & abide by Knox County Sports Code of Conduct

#### **Coaches (Head, Assistant) Requirements**

- Must have successfully passed national background screening
- Must have completed & submitted Concussion & Head Injury Form
- Agree & abide by Knox County Sports Code of Conduct
- 1 Head Coach & 4 Assistants allowed to be on field during game

<b>Ball</b>	R5-Y (Wilson or Rawlings only)
<b>Weight</b>	Unlimited. No weigh ins.
<b>Substitutions</b>	No requirements on playing time. Coaches may sub freely
<b>Game Timing</b>	10 Minute Quarters with running clock until final 2 minutes of 2 <sup>nd</sup> & 4 <sup>th</sup> Quarters where HS timing rules are used. Clock stops on timeouts, scores, and injuries. No overtime in regular season
<b>Field Length</b>	100 Yards
<b>Penalties</b>	5 yards, 10 yards, 15 yards
<b>Punts</b>	Full rush allowed
<b>Kicking</b>	Standard high school kicking rules
<b>PAT</b>	1 point for rush/pass, 2 points for kick
<b>Slaughter Rule</b>	If a team trails 35-0 in 4 <sup>th</sup> Quarter and gains possession of ball, the game is called unless the trailing team coach chooses to continue & notifies the referee at the time the rule is in effect or when the clock continues to run