KCHD WIC Referral & Community Resource List
July 2023 – June 2024


HOTLINES
A BETTER BALANCE HELpline 1-833-NEED-ABB / 1-833-633-3222
Workers’ rights during pregnancy & parenthood www.abetterbalance.org
CATHOLIC CHARITIES / 24-hour helpline 1-877-990-4673
CDC INFORMATION 1-800-232-4636
CHILD ABUSE HOTLINE / Dept. of Children Services 1-877-237-0004
Also Nurture the Next / (to report child abuse or neglect) 1-877-542-2873
COMMUNITY INFORMATION https://tn211.myresourcedirectory.com/ 211
DOMESTIC VIOLENCE HELpline Nurture the Next 1-800-366-6767
FAMILY VIOLENCE 24/7 HELpline 521-6336
KNOXVILLE CITY SERVICES 311
PARENT HELpline Nurture the Next 1-800-244-5373
WIC 1-800-DIAL-WIC

ADULT JOBS AND EDUCATION PROGRAMS
American Job Center of TN 594-5500
Tennessee College of Applied Technology / TCAT 546-5567

ALCOHOL & DRUG ABUSE COUNSELING & TREATMENT
180 Health Partners 1-888-339-9404
Strong Well Program: for pregnant women using opioids from any source
Alcoholics Anonymous 522-9667
CenterPointe / Treatment Center 523-4704
Ensemble Recovery 770-4003
Florence Crittenton Agency www.FCAKnox.org 602-2021
Gateway Center / Adolescents 498-9892
Great Starts / Child & Family Care, including housing 637-9711, ext 1455
McNabb Center / Substance Use Treatment www.mcabbcenter.org 1-800-255-9711
Metro Drug Coalition http://metrodrug.org/ 588-5550
Peninsula / outpatient 970-9800
SAMHSA Helpline / Subst Abuse and Mental Hlth Svcs Admin 1-800-662-HELP (4357)
Susannah’s House / for PN & PP www.susannahshouse.org 200-4759

ALCOHOL HALFWAY HOUSES
Midway Center / Adolescent & Adult Males & Women www.Midsy.RehabCenter.com 522-0301

BREASTFEEDING ASSISTANCE, SUPPORT, & INFORMATION
Aeroflow / order breast pumps through insurance 1-844-867-9890
KCHD WIC Program https://knoxcounty.org/health/wic-breastfeeding.php
- Robin Penegar, IBCLC, WIC BF Coordinator 215-5060
  o Sarah Edwards, WIC BFPC 679-2801
  o Laura Petit, WIC BFPC 556-4674
National Breastfeeding Helpline 1-800-994-9662
Tennessee Breastfeeding Hotline 1-855-48FMOMS
24/7 IBCLC, CLC, RN or RD phone/video support & help with breastfeeding questions or concerns.
This is a free service, provided by TN Dept of Health, available to anyone. For more BF info online: Breastfeeding in Tennessee (tn.gov) & www.womenshealth.gov/breastfeeding

CHILD SUPPORT ENFORCEMENT Child Support (tn.gov) 862-0366
Child Support Services of TN
Establishing Paternity / Paternity Testing 1-800-457-2165
DEPT OF HUMAN SERVICES / SNAP & Child Care Assistance 594-6151
ENGLISH CLASSES additional English Class info available upon request
Centro Hispano de East Tennessee 522-0052
Families Assistance Service Center 1-866-311-4287
FAMILY JUSTICE CENTER / Domestic violence assistance 215-6800
FEDERAL SURPLUS COMMODITIES (CAC): www.knoxcac.org 546-3500
CAC Neighborhood Centers:
  East: 546-5125
  South: 577-7591
  West: 524-3345
CAC Office on Aging 524-2786
CAC Urban Agriculture / Home & Community Gardens 546-8446
FOOD/CLOTHING/HOUSEHOLD (includes furniture) RESOURCES
Angelic Ministries / Furniture & Household Items angelicministries.com 523-8884
Bread of Life Food Pantry / Food Ministry 690-0031
Community Chest of Knox County
  • 1508 N Central St. 522-3200
  • 2107 W Emory Rd. 938-3517
  • 122 W Scott Ave. 971-4417
Ecumenical Storehouse / Furniture (serves Anderson County residents) 481-0274
FISH Main Hotline / food delivery pantry 523-7900
Fish Hospitality Pantries:
  East: 522-3474
  Northwest: 971-4000
  South: 577-9600
Knox Family Ministries / Furniture Ministry 507-1557
Ladies of Charity 474-9348
Manna House / Food Ministry 246-0439
Salvation Army 525-9401
Second Harvest Pantry 521-0000
Second Harvest Pantry Locator website: secondharvesttn.org/pantry-locator/
Volunteer Ministry Center 524-3926
Water Angel Ministries 524-5194

HEADSTART/EARLY HEADSTART (CAC)

HEALTHCARE COVERAGE OPTIONS
Amerigroup / TennCare MCO myamerigroup.com/tn 1-800-600-4441
BlueCare / TennCare MCO bluercare.bcbst.com 1-800-468-9771
Cover Kids tn.gov/coverkids 1-866-620-8864
Health Insurance Marketplace healthcare.gov 1-800-318-2596
United HealthCare / TennCare MCO uhccommunityplan.com/tn 1-800-690-1606

No Insurance? www.knoxvilleareaprojectaccess.org 531-2766

HEALTHCARE SERVICES
Cherokee Health Systems www.cherokeehealth.com
  Appointments: 1-866-231-4477
  Fax: 544-0480

UNITED STATES DEPARTMENT OF HEALTH & HUMAN SERVICES