



Knox County Health Department

140 Dameron Avenue, Knoxville, TN 37917

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Applications are open for KCHD's worksite wellness recognition program

Knoxville, Tenn. – Available data states the average person in the U.S. spends 90,000 hours in the workplace during their lifetime. With a significant amount of time spent working, worksite wellness programs are an important component to improving the health of a community.

As a part of KCHD's worksite wellness community initiative, KCHD facilitates the East Tennessee Wellness Roundtable (ETWR). ETWR is a member-based collaboration of HR/worksite wellness employees representing various local employers. They all have the common goal to cultivate healthier worksites.

"Local businesses are already doing the groundwork to promote employee wellness, and the ETWR has the honor of partnering with them to support new programs or expand on existing ones," said KCHD Nutritionist and ETWR Chair Kaela McIver. "Since 2017, ETWR has recognized 40 worksites for their wellness efforts."

Each year, the East Tennessee Wellness Roundtable (ETWR) awards bronze, gold or platinum status to businesses that prioritize employee wellbeing. Through this recognition program, worksites can also apply to receive wellness resources, such as fitness equipment, supplies to build a worksite garden or lactation room, employee bike racks, custom walking route signage, and much more. To see a complete list of resources that worksites can request, click [here](#).

Worksites of any size or stage of wellness program development are invited to apply. Visit www.etwellness.org to learn more, or complete the application [here](#). **The application is open through February 25, 2022.**

If you have questions about the application, please contact Mikaela.mciver@knoxcounty.org or call 865-215-5297.

About Knox County Health Department

The first health department in Tennessee to achieve national voluntary accreditation by the Public Health Accreditation Board, the Knox County Health Department (KCHD) is dedicated to ensuring the conditions in which every resident can be healthy. As a chief health strategist for the community and with more than 240 team members, KCHD's broad scope of work includes convening partners to improve community health, identifying community health threats, investigating disease outbreaks, conducting extensive outreach and education, preparing for public health emergencies, providing and connecting the public with medical care, enforcing food safety and air quality laws, and more. For more information, visit www.knoxcounty.org/health.

