Knox County Mental Health Court



Community Resource Guide

This guide is not an exhaustive guide, meaning there may be more resources in the community than what is listed.

Please talk to your case manager regarding specialized services not included in this guide such as Veterans Services and Children's Services.

Services often change service dates, close, or end due to funding or loss of resources. It is best to call first to make sure resources and services are still available and that the dates and times are correct.

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MY EMERGENCY CONTACTS AND IMPORTANT PEOPLE

Number

EMERGENCY and CRISIS NUMBERS

Ambulance, Fire, Police	911
Mobile Crisis Services	865-539-2409
Crisis Stabilization Unit	865-541-6958
Suicide Crisis Lifeline (phone and text)	988
TN Statewide Crisis Phone Line	855-274-7471
Veterans Crisis Line	800 273-8255, or text 838255
Crisis Text Line	Text "Home" to 741-741
The Trevor Lifeline (LGBTQ Youth)	866-488-7386
The Trans Lifeline	877 565-8860
Knox County Sheriff's Department	865-215-2444
Knoxville Police Department	865-215-7000
Knoxville Volunteer Emergency Rescue Squad	865-546-4821
Poison Control	800-222-1222
National Domestic Violence Hotline	800-799-SAFE (7233)
Sexual Assault Crisis Center of East Tennessee	865-522-7273
National Sexual Assault Hotline	800-656-4673
Department of Children Services Child Abuse Hotline	877-237-0004
Adult Protective Services	888-277-8366
Knoxville City Services	311
Information & Referral Search	211

HOSPITALS (Emergency and Medical)

Hospital	Main Number	Emergency Room
East TN Children's Hospital	865-541-8000	865-541-8175
2018 Clinch Avenue Knoxville		
Fort Sanders Regional Medical Center	865-331-1111	865-331-2200
1901 Clinch Avenue Knoxville		
North Knoxville Medical Center	865-859-8000	865-859-1000
7565 Dannaher Drive Knoxville (Powell)		
Parkwest Medical Center	865-373-1000	865-373-1280
9352 Park West Boulevard Knoxville		
Turkey Creek Medical Center	865-218-7011	865-218-7112
10820 Parkside Drive Knoxville		
University of Tennessee Medical Center	865-305-9000	865-305-9402
1924 Alcoa Highway		
Blount Memorial Hospital	865-983-7211	
907 E. Lamar Alexander Boulevard Maryville		
Methodist Medical Center of Oak Ridge	865-835-1000	865-835-4662
990 Oak Ridge Turnpike Oak Ridge		

EMERGENCY SHELTERS

Agency	Services Provided
Knox Area Rescue Ministries	Emergency Shelter including food, clothing,
418 North Broadway	shower
865-673-6540	
Salvation Army	Transitional Housing (6 months)
409 North Broadway	Domestic Violence Shelter for Women and
865-525-9401	Children (Joy Baker Center)
Volunteer Ministry Center (VMC)	Emergency Shelter-The Foyer, referral only.
511 North Broadway	
865-524-3926	
Keenan Grimes Community Outreach Center	Community-based homeless shelter and resource
2461 Martin Luther King Jr. Avenue	center. Contact for availability of services.
865-964-0343	
Next Step Initiative	Emergency shelter and transitional housing. Call
611 Citico Street	for availability.
865-437-8358	·
Samaritan Place	Emergency, transitional, and permanent housing
3009 Lake Brook Boulevard	services for seniors in crisis.
865-684-1880	

DOMESTIC VIOLENCE SHELTERS

Knoxville-Family Crisis Center	865-637-8000
Knoxville-Joy Baker Center	865-525-9401
Maryville-Haven House	865-982-1087

CRISIS SUPPORT SERVICES

Knoxville Family Justice Center 400 Harriet Tubman Street	Services for victims of domestic violence including safety planning, Orders of Protection, Prosecution, Access to Emergency Shelter	865-521-6336 24 Hour Crisis Line 865-637-8000	
National Domestic Violence Hotline	National Domestic Violence Hotline 1-800-799-7233		
Sexual Assault Crisis Center of East Tennessee	Multiple services for victims of sexual assault and childhood sexual abuse including crisis line, support groups, individual therapy, support for victims during criminal investigation and prosecution	24 Hour Crisis Line 865-522-7273	
National Sexual Assault Crisis Hotline 800-656-4673			
Rape Abuse and Incest National Network (RAINN) 800-656-HOPE			

EMERGENCY ASSISTANCE

Ladies of Charity 120 West Baxter Avenue	Emergency assistance (utilities, other) limited to 6 times a year or less, must wait 30 days between
865-474-9348	visits. Monday-Friday 9:30 am-1:30 pm Must bring ID and Social Security Card
Bush Family Refuge at the Volunteer Ministry Center 511 North Broadway 865-673-0235 Community Action Committee (CAC)	Assistance with paying utilities, clothing, bus passes, prescription assistance, replacement ID, birth certificate (free one time only), referral to services One-time assistance on utilities. Contact CAC for
2247 Western Avenue 865-546-3500	eligibility, needed documentation. Emergency rental assistance for Knox County residents. Contact CAS for eligibility and if funds are available
Society of St Vincent De Paul 711 South Northshore Drive 865-588-0249	Emergency assistance for rent/housing, utilities, clothing, food. Call for assistance
Compassion Coalition 318 North Gay Street, Suite 207 865-251-1591	Assistance and Referral to services. Request by individual by phone, referral by support staff by phone or website https://www.compassioncoalition.org
Project Help 865-637-6700	Emergency energy assistance. Must have final utility notice and meet income guidelines. Call for eligibility
Salvation Army 409 North Broadway 865-525-9401	Emergency assistance for rent/housing, utilities, clothing, food. Call for assistance
American Red Cross of East Tennessee 6921 Middlebrook Pike 865-584-2999	Emergency assistance after a home fire or other disaster
Peninsula Behavioral Health Independent Living Program 865-970-9800	Emergency assistance for utilities, rent, medication and other needs for people with serious mental illness

HOMELESS AND HOUSING PROGRAMS

Agency	Services Provided
Knoxville's Community Development	Public housing for low income, elderly and
Corporation (KCDC)	disabled; section 8 housing vouchers
901 North Broadway	, ,
865-403-1100	
https://www.kcdc.org	
Knox Area Rescue Ministries	Care Coordination and case management
418 North Broadway	Residential Programs (Berea, Serenity, KARM
865-673-6540	Works)
Salvation Army	Transitional Housing (6 months)
409 North Broadway	Domestic Violence Shelter for Women and
865-525-9401	Children (Joy Baker Center)
	Family Services (Pathway of Hope)
	Men's Housing Program (Hope Manor)
Volunteer Ministry Center (VMC)	Supportive Housing (Minvilla Manor, Caswell
511 North Broadway	Manor, Flenniken Landing)
865-524-3926	Rapid Re-housing
	Housing Case Management
	Street Outreach
CAC-Homeward Bound	Families in Need-HUD-funded case management
2247 Western Avenue	and rehousing services for families with children
865-546-3500	Reach-HUD-funded outreach for chronically
	homeless people
	Elizabeth's Home-HUD-funded financial support
	and case management for families transitioning
	from homelessness to permanent housing
McNabb Center PATH Program	Housing case management
205 West Springdale Avenue	Walk-In Appointments on Thursdays 9:00 am -
865-637-9711	11:00 am and 1:00 pm-3:00 pm
Knoxville Area Urban League	Housing counseling to assist towards home
1514 East Fifth Avenue	ownership
865-524-5511	
Samaritan Place	Emergency, transitional, and permanent housing
3009 Lake Brook Boulevard	services for seniors in crisis
865-684-1880	
YWCA Knoxville & Tennessee Valley	Efficiency apartments for single women with case
Keys of Hope	management and support services. There is a wait
420 West Clinch Avenue	list and program may not be taking applications
865-523-6123	
Bryant's Bridge	Housing assistance for LGBTQ youth (ages 17-
865-604-7327	24). Also provides education for life skills, health
	and wellness and career assistance

HOSPITALS (Mental Health)

If you are in a psychiatric crisis (suicidal thoughts, homicidal thoughts, extreme emotional distress) call 911 or go to any emergency room immediately. Hospital staff will keep you safe and help you find placement at a hospital regardless of insurance.

Crisis Stabilization Unit

5310 Ball Camp Pike Knoxville, TN 865 541-6958

Short-term (3-4 days) stabilization and referrals for insured and uninsured clients with a psychiatric or behavioral crisis

Helpful terms:

<u>Inpatient Services</u>-Critical mental health care (assessment, medication adjustment, individual and group therapy, referral services). Usually 5-10 day stay.

<u>Partial Hospitalization</u>-Intensive day treatment (group and individual therapy, medication management, referral services). Usually 14-28 days, 8 hours per day depending on program.

<u>Intensive Outpatient Program (IOP)</u>-Day treatment that is less intensive than partial-hospitalization (group and individual therapy, medication management, referral services). Usually 14-28 days, 2-4 hours per day depending on program.

<u>Co-Occurring Disorder</u>-When a person has a mental health diagnosis and a substance use disorder. Treatment focuses on treating both disorders.

Facility	Insurance	Services
East TN Behavioral Health	Private Insurance, Tricare,	Inpatient Services, Partial
1444 Old Weisgarber Rd	Medicare, Medicaid of TN &	Hospitalization, Intensive
Knoxville, TN	GA, United Healthcare	Outpatient, Co-occurring
855-645-2776		disorders
Knoxville Center for	Private Insurance, Medicare,	Inpatient Services, Co-occurring
Behavioral Medicine	Medicaid of TN, United	Disorders, Geriatric Psychiatric
1240 Tennova Medical Way	Healthcare	Care
Knoxville, TN		
865-444-3770		
Peninsula Hospital	Private Insurance, Medicare,	Inpatient Services, Outpatient
2347 Jones Bend Road	Medicaid of TN, United	therapy, support groups, peer
Louisville, TN	Healthcare	support, medication management
865-970-9800		
Ridgeview Behavioral Health	Private Insurance, Medicare,	Inpatient Services, Outpatient
240 West Tyrone Road	Medicaid of TN, United	therapy, support groups, peer
Oak Ridge, TN	Healthcare	support, medication management
865-482-1076		in Oak Ridge

HOSPITALS (Mental Health) continued

Facility	Insurance	Services
Creekside Behavioral Health	Private Insurance, Medicare,	Inpatient Services, Partial
1025 Executive Park Boulevard	Medicaid of TN, United	Hospitalization, Intensive
Kingsport, TN	Healthcare	Outpatient in Kingsport
888-252-2154		
Moccasin Bend Mental Health	Private Insurance, Tricare,	Inpatient Services
Institute	Medicare, Medicaid of TN,	This is a State of Tennessee
100 Moccasin Bend Road	United Healthcare	Department of Mental Health and
Chattanooga, TN		Substance Abuse Services
423-265-2271		Hospital
Erlanger Behavioral Health	Private Insurance, Medicare,	Inpatient Services, Intensive
Hospital	Medicaid of TN, United	Outpatient in Chattanooga
804 N Holtzclaw Avenue	Healthcare	
Chattanooga, TN		
844-712-0745		
Parkridge Valley	Private Insurance, Medicare,	Inpatient Services, Intensive
7351 Courage Way	Medicaid of TN, United	Outpatient in Chattanooga
Chattanooga, TN	Healthcare	
423-894-4220		
Woodridge Hospital	Private Insurance, Medicare,	Inpatient Services, Intensive
403 N State of Franklin Road	Medicaid of TN, United	Outpatient in Johnson City
Johnson City, TN	Healthcare	
423-431-7111		
Middle Tennessee Mental Health	Private Insurance, Medicare,	Inpatient Services
Institute	Medicaid of TN, United	This is a State of Tennessee
221 Stewart Ferry Pike	Healthcare	Department of Mental Health and
Nashville, TN		Substance Abuse Services
615-902-7400		Hospital
Ascension Saint Thomas	Private Insurance, Medicare,	Inpatient Services, Partial
300 Great Circle Road	Medicaid of TN, United	Hospitalization, Intensive
Nashville, TN	Healthcare	Outpatient in Nashville
855-953-2977		
Vanderbilt Psychiatric Hospital	Private Insurance, Medicare,	Inpatient Services, Partial
1601 23 rd Avenue South	Medicaid of TN, United	Hospitalization, Intensive
Nashville, TN	Healthcare	Outpatient in Nashville
615-327-7000		
Rolling Hills Hospital	Private Insurance, Medicare,	Inpatient Services, Partial
2014 Quail Hollow Circle	Medicaid of TN, United	Hospitalization, Intensive
Franklin, TN	Healthcare	Outpatient in Franklin
615-807-4059		

OUTPATIENT MENTAL HEALTH SERVICES

Helpful terms:

Confidentiality-therapists and group participants must keep personal information shared in a therapeutic session confidential (not shared with outside parties) unless a release is signed by the client allowing information to be shared with a designated person or agency. Confidentiality can be broken (information shared) if a client reports suicidal thoughts, thoughts of self-harm, homicidal thoughts, the abuse of a child or the abuse of an elderly person. Confidentiality is broken in situations of potential danger only for the purpose of safety of the client or another party.

Individual Therapy-one to one sessions between a client and a therapist or counselor.

Group Therapy-therapeutic sessions with multiple people lead by a therapist or counselor.

Support Groups-sessions with multiple people, usually lead by a therapist or counselor, with the purpose of building support between group members with a shared experience.

Peer Support-group and individual sessions where a person with a lived experience of recovery offers support, encouragement and knowledge to a person or people in recovery.

Intensive Outpatient Treatment or Program (IOP)-a structured program that meets either for a full day or half day over the course of several weeks. IOP programs utilize group therapy, individual therapy, support groups and therapeutic activities.

Case Management-social service assistance is provided to a client by a case manager. Case managers can help clients enroll in therapeutic care, social services, coordinate appointments, locate resources, offer support and guidance. The level of assistance is based on the case management program. Some case management offers transportation to the client for appointments.

Care Coordination-assistance in locating and coordinating mental health and social services. Care coordinators can make referrals to services, assist in making appointments, offer support and guidance.

Medication Management-a medication prescriber helps a client manage their mental health symptoms through assessment, medication history and medication compliance. Adjustments to medications are made to help the client have the best outcome in managing their symptoms.

Crisis Intervention-a short-term event where trained staff helps to stabilize a person in crisis.

Voluntary Commitment-when a person that is experiencing a mental health or behavioral crisis agrees to go to a short-term psychiatric hospital or clinic for stabilization.

Involuntary Commitment- when a person that is experiencing a mental health or behavioral crisis is committed to a short-term psychiatric hospital or clinic for stabilization by a qualified and certified behavioral health practitioner (certified social worker, medical doctor, psychiatric doctor).

BEHAVIORAL HEALTH SAFETY NET OF TENNESSEE

Safety Net is a state sponsored program to provide mental health treatment for people who do not have health insurance. Services can include outpatient medication management, case management and individual therapy.

Required items needed to enroll in Safety Net:

Mental health diagnosis list of past providers, prescribed medications, estimated dates of care. **Proof of Tennessee residency** (valid TN driver's license or state ID, lease, utility bill, signed letter by person you are living with)

Verification of US Citizenship- valid TN driver's license or state ID and social security card. If you do not have a TN driver's license or state ID you must have a social security card <u>and</u> one of the following-birth certificate, updated passport, voter's registration card, updated green card). **Proof of income** (one month's worth of pay-check stubs, disability, child support, Families First,

Proof of income (one month's worth of pay-check stubs, disability, child support, Families First last year's income tax return.

Not a current inmate (you cannot enroll from jail)

Any documentation must be a hard copy or printed out so staff can photo-copy your documents-no photos on a phone. TN Driver's license of state ID must be the actual ID

Helen Ross McNabb Center Knoxville Adult Center 205 West Springdale Avenue Knoxville, TN 37917 865-637-9711	Walk in days: Monday-Thursday 8:00-12:00, 1:30-4:00 FIRST COME, FIRST SERVED
Cherokee Health Services 2018 Western Avenue Knoxville, TN 866-231-4477	Enrollment: Call 866-231-4477 to set up intake appointment
Peninsula Behavioral Health 1451 Dowell Springs Road Knoxville, TN 37909 865-970-9800	Enrollment: Call 865-970-9800 to set up appointment-you MUST HAVE attempted to apply for TN Care within last 90 days and have denial letter prior to appointment
Ridgeview Behavioral Health 240 West Tyrone Street Oak Ridge, TN 37830 865-482-1076	Walk in appointments Monday-Friday 8:00 am-10:00 am -FIRST COME, FIRST SERVED

To apply to TennCare: apply online at www.tenncareconnect.tn.gov, go to the Department of Health and Human Services or call 1-855-259-0701.

TENNCARE AND TENNESSEE HEALTH LINK

<u>TennCare</u> is the Medicaid program for the state of Tennessee. To qualify you must be a Tennessee resident, be pregnant, under the age of 19, a parent or relative caretake of a dependent child under the age of 21, disabled, elderly or uninsurable. You can apply to TennCare on-line at www.tenncareconnect.tn.gov or call 855-259-0701. It can take up to 45 days to process an application once an application and all necessary information has been received.

TennCare covers most medical services necessary for physical and mental health, including hospital, physician, and pharmacy services.

<u>Healthlink</u> is comprehensive care management, care coordination, referrals to social supports, member and family support and transitional care for TennCare recipients.

Mental health and Health Link Providers in Knox County:

Helen Ross McNabb Center Knoxville Adult Center 205 West Springdale Avenue Knoxville, TN 37917 (865) 637-9711	Enrollment: Call 865 637-9711 to set up intake appointment
Cherokee Health Services 2018 Western Avenue Knoxville, TN	Enrollment: Call 1-866-231-4477 to set up intake appointment
Peninsula Behavioral Health 1451 Dowell Springs Road Knoxville, TN 37909 865 970-9800	Enrollment: Call 865 970-9800 to set up intake appointment
Ridgeview Behavioral Health 240 West Tyrone Street Oak Ridge, TN 37830 865 482-1076	Enrollment: Call 865 482-1076 to set up intake appointment
Health Connect 5743 Western Avenue Knoxville, TN 37921 865 247-7045	Enrollment: Call 865 247-7045 or go to website at healthconnectamerica.com and complete a referral form
Omni Community Health 4709 Papermill Dr MW #102 Knoxville, TN 37909	Enrollment: Call 877 258-8795 to schedule intake appointment

For services outside of Knox and Anderson Counties call the number above for any provider to find out about enrollment.

$\frac{\text{SPECIALIZED SUPPORT PROGRAMS FOR PEOPLE WITH SERIOUS MENTAL}}{\text{ILLNESS}}$

McNabb Center PACT Program for Assertive Community Treatment 205 West Springdale Avenue 865-637-9711	Intensive case management and support for people with persistent serious mental illness. The support is designed to help people manage symptoms of serious mental illness in the community and reduce incidences of hospitalization. TennCare is accepted, Medicare is
McNabb Center On Track TN 205 West Springdale Avenue 865-637-9711	not accepted. Early intervention program for people ages 15-30 experiencing a first psychotic episode. Services include individual and group psychotherapy, psychopharmacology, education and employment support, case management and family education. No insurance required
Project Transition Systems of Support 865-309-5910	Project Transition collaborates with government and local agencies to provide support for people with serious mental illness and intellectual disabilities to help with stability in the community. TennCare is accepted, Medicare is not accepted.

MENTAL HEALTH GROUP HOMES/SUPPORTIVE LIVING

D'I ' DI ' III W	24/7.0
Ridgeview Behavioral Health	24/7 Supportive care and case management. Must have
Enhanced Supportive Housing	insurance and income at the time of admission. All
Oak Ridge 865-481-6170 ext. 1170	applicants are screened by staff for fitness for program.
Agape Outreach Home	24/7 Supportive care. Supportive care provided by
Knoxville 865-689-4871	Ridgeview Behavioral Health. Must have insurance and
	income at the time of admission. All applicants are
	screened by staff for fitness for program.
Horizon Houses & 5 Rivers	Freedom Investment Group manages the property and
Case Management provided by	applicants must apply for HUD housing and meet HUD
Catholic Charities	housing requirements.
865-524-9896	
Project Transition	Residential Program for individuals with persistent serious
865-309-5910	mental illness. Therapeutic day program while
	participants reside in apartments supported by the
	program. Must have insurance (TennCare is accepted)
	and income.
Generations/Gaither's	Must have insurance and income at the time of admission.
Supported/Enhanced Housing	All applicants are screened by staff for fitness for
Several locations in Middle Tennessee	program.
931-507-1212	

OUTPATIENT MENTAL HEALTH IOP, SUPPORT GROUPS, PEER SUPPORT

Agency	Services	Insurance
Peninsula Behavioral Health	Group therapy	TennCare, Safety Net, free
1451 Dowell Springs Blvd	Knox Peer Support Academy	programming
865-970-9800	Recovery Education Center	
75 77 77 67	Grief Support Groups	27 1 111
McNabb Center	Peer Support	No billing services
Friendship House	Drop-in community center for	
526 Lamar Street Northeast	adults with mental illnesses	
865-544-3841	I O	D:
East Tennessee Behavioral	Intensive Outpatient Program	Private insurance, Medicaid of
Health		TN & GA, Medicare
1444 Old Weisgarber Road		
855-722-5558	Intensive Outputiant Dag anger for	Daivota imayaan oo (magail-1
New Hope Healthcare 100 Glenleigh Ct #101	Intensive Outpatient Program for co-occurring disorders	Private insurance (possibly will be taking TennCare)
866-603-2819	co-occurring disorders	will be taking TennCare)
The Middle Path	Intensive Outpatient Program	Private insurance
245 South Peters Road	Intensive Outpatient Program	Filvate insurance
865-693-7453		
Passadena Villa Outpatient	Intensive Outpatient Program	Private insurance
8351 East Walker Springs Lane	michaive Outputient Frogram	111vate insurance
865-375-8886		
Hand Up for Women	Faith-based year-long program (2x	No billing services
Knoxville	weekly) for women. Includes life	5
865-525-8696	management, financial	
	management, job readiness and	
	spiritual growth	
Grief Support	Grief support group, meets the 2 nd	No billing services
Knoxville HOPE Chapter	Sunday of each month at 2:00 pm	
Second United Methodist		
Church		
1524 Western Avenue		
865-687-2117		
Pet Loss Support Group	Monthly support group, currently	No billing service
UT College of Veterinary	meeting via telehealth.	
Medicine		
865-755-8839		
Sanctuary Mental Health and	OP, IOP, and PHP Mental Health	New program as of 9/2023 -
Wellness	tx	negotiating coverage with
		insurance providers.

OUTPATIENT MENTAL HEALTH SERVICES FOR PEOPLE WITH PRIVATE INSURANCE

Many group practices offer medication and therapy providers

Check with your insurance for a list of approved providers

Check with your provider to make sure the accept your insurance.

You can search the Psychology Today website (https://www.psychologytoday.com) for providers.

Talk to your peers for recommendations.

Bearden Behavioral Health	865-212-6600	Evaluation and Assessment,
162 D Market Place Boulevard		Individual therapy,
		medication management
Health Connect	865-247-7045	Evaluation and Assessment,
5743 Western Avenue		Individual therapy,
		medication management
Knoxville Behavioral & Mental	865-983-1899	Evaluation and Assessment,
Health Services		Individual therapy,
9047 Executive Park Dr, Suite 210		medication management
Knoxville Family Psychiatry	865-588-1718	Evaluation and Assessment,
301 Clark Street		medication management
Life Connections Counseling	865-888-5818	Individual therapy,
408 N Cedar Bluff Road, #305		medication management,
		group therapy
Next Step Behavioral Health	865-338-5384	Individual therapy
252 Harry Lane Boulevard		
Northshore Group	865-584-0171	Evaluation and Assessment,
1111 North Northshore Drive,		Individual therapy,
Suite 490		medication management
Omni Community Health	877-258-8795 or	Evaluation and Assessment,
4709 Papermill Road, Suite 101 &	865-525-0391	Individual therapy,
201		medication management,
		group therapy
Thriveworks Counseling	865-730-4171	Individual therapy
320 N Peters Road, Suite C		

MEDICATION COPAY ASSISTANCE

From the State of Tennessee Division of TennCare Website

Cover Rx is a prescription drug program designed to assist those who have no pharmacy coverage but have a need for medication. **CoverRx** provides participants affordable access to more than 200 generic medications in addition to some brands of insulin, mental health medications, and naloxone products.

Coverage:

First five scripts per month limit (Diabetic supplies and insulin are not included in 5 script limit). Scripts past the limit are full price (pharmacy discounts may be available.

Generic Drugs on covered list-30 days-\$3 copay per medication Generic Drugs on covered list-90 day mail order-\$5 copay per medication Brand Drugs on covered list-30 day-\$5 copay Insulin/Diabetic Supplies-30 day-\$5 copay

Only for individuals, ages 18-64, with incomes at or below 138% of the federal poverty level are eligible.

Not for individuals who have pharmacy coverage (through TennCare or employer insurance) or have Medicare.

Cover RX members may participate in other discount drug programs, such as those offered by retail stores.

Apply on-line via www.optumrx.com/coverrx
Print copy of application available on https://www.tn.gov/tenncare/coverrx
List of medications is available on https://www.tn.gov/tenncare/coverrx

Other Prescription Discount Offers:

Good Rx-accepted at many pharmacies including Walgreens, CVS, Food City, Costco, Kroger App available on phone or sign up at https://www.goodrx.com

Optum Perks-accepted at many pharmacies including Walmart, CVS, Walgreens, Costco, Rite Aid App available on phone or sign up at https://www.perks.optum.com

SingleCare-offers price comparison and coupons to use at pharmacy and additional savings on refills. App available on phone or sign up at https://www.singlecare.com

Some medication companies offer **savings cards** or **discounts** for a specific medication. Check with a case manager, doctor, pharmacist or go to the medication website to see if a savings program is offered.

ASSISTANCE IN APPLYING FOR SOCIAL SECURITY DISABILITY BENEFITS

Social Security Disability Insurance (SSDI) is a payroll tax-funded federal insurance program of the United States government managed by the Social Security Administration. The recipient must have a medically determinable disability that interferes with their ability to work. If approved, the recipient receives monthly benefits.

Supplemental Security Income (SSI) is a program that provides cash payments to disabled children, disabled adults and people over the age of 65.

The application for SSDI requires work history up to the time of disability, medical and mental health records to document the disability, marriages, and divorces, contact information, emergency contact information, names and dates of birth of your minor children and spouse and any worker's compensation or other disability awards.

The application for SSI requires proof of income, proof of resources, proof of living arrangements, medical documentation and any work history.

You can apply for SSI and SSDI online at https://www.ssa.gov

You can apply in person at the Knoxville Social Security Administration office (call ahead to schedule an appointment).

Care Coordinators with the McNabb Center have been trained through the SOAR program which allows them to assist people in applying for SSI/SSDI. SOAR is a program designed to help speed up the application process to help people get benefits quicker.

You can also hire a disability attorney to assist you with the application process. Attorneys generally will take a portion of the initial reward for their fee. Assistance from an attorney can sometimes help speed up the application process. You can find attorneys by searching online for disability attorneys.

TRANSPORTATION

CAC Transit Program	\$2 each way
2247 Western Avenue	G 11067 704 0010
865-524-0319	Call 865 524-0319 to schedule ride
	Scheduling is Monday-Friday 8:00 am-4:45 pm.
	Know your appointment time and approximate return time.
	Rides must be scheduled by 11:00 am the day before
	appointment (if new to program, call 3-4 days before need).
	Transportation to medical appointments, grocery shopping, essential errands.
	Limited transportation for employment and training Lift-equipped vehicles available
	For residents in Knox County outside city limits For residents in city limits outside of KAT bus service
	area Transportation is Monday-Friday 5:00 am-9:00 pm
	Be ready at least 1 hour plus drive time of appointment,
	the driver will not wait more than 5 mintues. The
	driver cannot stay during appointment.
ETHRA Public Transit 800-232-1565	\$3 each way in county, additional stops \$1, additional \$3 for each county line crossed. One escort may ride for free
	Call 800-232-1565 to schedule ride.
	Scheduling is Monday-Friday 8:00 am-4:30 pm.
	Must schedule 3 business days prior to trip
	Be ready at least 1 hour plus drive time prior to
	appointment, the driver will not wait more than 5
	minutes. The driver cannot stay during appointment.
	Cancellations must be made at least 2 hours prior to scheduled pick up time.
ETHRA TennCare Transportation	TennCare may cover the cost of transportation to a
800-232-1565	medical visit. Contact your health plan transportation broker at the following numbers:
	United HealthCare: 866-405-0238
	AmeriGroup: 866-680-0633
	BlueCare: 866-473-7563

TRANSPORTATION (continued)

Kickstand Knoxville	Provides bicycles for those in the community who need
1323 N Broadway	transportation.
865-229-6395	Referral letter is needed. Referral sent to email address
	kickstandknoxville@gmail.com
	Limit one bicycle per year per customer
KAT (Knox Area Transit)	Public Bus Transportation
301 Church Avenue	Free Trolley for Downtown, University of Tennessee
865-215-7800	area
	\$1 per ride, multi-day passes available
	½ price on fares for Medicare, Disability, 65+
	Case manager can help apply for discounted fares
	Paratransit (lift bus) available

FOOD ASSISTANCE

SNAP (Food Stamps) TN Department of Human Services 2700 Middlebrook Pike, Suite 200 865-594-6151	Food vouchers for low-income TN residents. Applications can be completed on-line or filed in person at the DHS office.
WIC (Women, Infants and Children) Knox County Health Department 140 Dameron Avenue 865-215-5030	Food vouchers for women who are pregnant or had a baby in the past 6 months; breastfeeding moms who had a baby in the past 12 months; infants and children up to the age of 5. Contact the Knox County Health Department at 8655016
Mobile Meals and Mobile Affordable Meal Service Knox County CAC Office on Aging 2247 Western Avenue 865-524-2786	Mid-day meals delivered 5 days a week to Knoxville and Knox County residents over the age of 60 or are disabled and unable to cook for themselves. Call CAC at 865 524-2786 to apply.
CAC Commodities Distribution CAC Nutrition Services 2247 Western Avenue 865-546-3500	2 bags of shelf stable food distributed monthly; must have proof of Knox county residency (name and address) and self-declaration of income. Dates and distribution location on CAC website https://www.knoxcac.org
Love Kitchen 2418 Martin Luther King Jr Avenue 865-546-3248	Monday-Thursday 12:30 pm Free meals daily, call for emergency food bag
Care Cuts of Knoxville 519 Williams Street 865-599-3866	Every Sunday (except for 5 th Sunday of month) 9:30-2:00 Breakfast, Lunch, hair-cuts, clothing, resource information, showers
Next Step Initiative 611 Citico Street 865-437-8358	Monday 11:30 am-3:30 pm Wednesday 11:30 am-3:30 pm Thursday 11:30 am-3:30 pm Lunch and support services. Showers and laundry by appointment
Water Angels 907 University Avenue 865-524-5194	Sunday 1:00 pm-1:45pm Snack, toiletries, clothes Sunday 3:00 pm-4:00 pm Lunch Monday 6:00 pm Men's Bible Study, snack available Thursday 6:00 pm Women's Bible Study, dinner available

FOOD PANTRIES

Downtown Food Pantries

First Baptist Downtown Fish Pantry	First Monday of the month, 9:00 am -1:00 pm
510 West Main Street	
865-546-9661	
First Presbyterian Church	First Tuesday of the month, 9:00 am -1:00 pm
620 State Street	
865-938-5889	
Wesley House	Monday 7:30 am -11:30 am, 12:00 pm-4:00 pm
1719 Reynolds Street	Tuesday 8:30 am-11:30 am, 12 pm-3:00 pm
865-524-5494	Wednesday 7:30 am -11:30 am, 12:00 pm-4:00 pm
	Thursday 7:30 am -11:30 am, 12:00 pm-4:00 pm
	Friday 7:30 am-10:00 am, 1:30 pm-4:00 pm
Food in the Fort	1st and 3rd Wednesdays 11:00am-2:00 pm
Redeemer Church	
1642 Highland Avenue	

East Knoxville Food Pantries

FISH Pantry at St Luke's Episcopal Church 600 S Chestnut Street	Monday and Wednesday 10:00 am-1:00 pm
865-522-3474	
Knoxville Dream Center at Overcoming	Tuesday 1:00 pm
Believers Church	
211 Harriet Tubman Street	
865-688-9636	
New Life UMC	Fourth Tuesday of the month, 10:00 am-12:00
7921 Millertown Pike	noon
865-546-5153	
Strawberry Plains UMC	First and Third Thursday of the month
3173 West Old Andrew Jackson Highway	10:00 am-11:00 am, 7:00 pm-8:00 pm
865-933-8583	

North Knox County Food Pantries

North Knox County Food 1 antifes	
FISH	Tuesday 10:00 am-1:00 pm
122 W Scott Avenue	Thursday 10:00 am-1:00 pm
865-971-4000	4 th Saturday 10:00 am-1:00 pm
Oakland Community Food Bank	Saturday following the 3 rd Monday of the month
4012 Oakland Drive	10:00 am-12:00 noon or until food runs out
865-688-8588	
Powell UMC	Monday-Friday 9:00 am-10:00 am
323 West Emory Road	3 rd Saturday 9:00 am-11:00 am
865-938-2741	Proof of address required
Knoxville Dream Center at Park West Church	Tuesday 11:00 am
1416 Breda Drive	
865-688-9636	

FOOD PANTRIES (continued)

South Knox County Food Pantries

FISH	Wednesday 10:00 am-1:00 pm
201 Ogle Street	Friday 10:00 am-1:00 pm
865-577-6900	
Knoxville Dream Center at Montgomery	Thursday 5:00 pm
Village	
4530 Joe Lewis Road	
865-403-1380	
Forward Market	Tuesday 8:30 am-4:00 pm
1520 Willoughby Road	Wednesday 8:30 am -2:30 pm, 3:15 pm-4:00 pm
931-252-4373	Friday 8:30 am-4:00 pm
BattleField Farm	Wednesday 1:00 pm-4:00 pm
3624 Boyd's Bridge Pike	
865-304-8477	

West Knox County Food Pantries

West Knox County Food Pantries		
Manna House at Cokesbury UMC	Tuesday 9:00 am-11:00 am	
9919 Kingston Pike	Thursday 9:00 am-11:00 am	
865-693-0353	Saturday 9:00 am-11:00 am	
	Must have ID and SS card (visa or matricula ok)	
Middlebrook Pike UMC Fish Pantry	4 th Friday 9:00 am-12:00 pm or until food runs out	
7234 Middlebrook Pike		
865-523-7900		
Knoxville Dream Center at Parkwest Church	Thursday 1:30 pm	
7635 Middlebrook Pike		
865-688-9636		
Trinity UMC	Wednesday 10:00 am-12:00 pm	
5613 Western Avenue		
865-588-5763		
Knoxville Dream Center at West Lonsdale	Monday 11:00 am	
Baptist Church		
2720 Dayton Street NW		
865-688-9636		
St Vincent's Food Pantry-All Saints Catholic	2 nd Saturday 2:00 pm-4:00 pm	
Church	4 th Saturday 10:00 am-12:00 pm	
865-474-8618		
Beaver Ridge UMC	Monday 1:00 pm-2:00 pm	
7753 Oak Ridge Highway		
865-690-1060		
Compassion Ministries	Every other Thursday 3:30pm-5:30 pm	
12813 Kingston Pike		
865-755-9512		
Forward Market	Tuesday 8:30 pm-4:00 pm	
1520 Willoughby Road	Wednesday 8:30 am-4:00 pm	
	Friday 8:30 am-4:00 pm	
	Tituay 0.50 am-4.00 pm	

CLOTHING, FURNITURE, ITEMS FOR HOME

Angelic Ministries	Clothing, Hygiene, Household Items, Furniture
1218 North Central Avenue	Tuesdays & Wednesdays 8:00am-10:30 am. First
865-523-8884	Come, First Served. Without referral every 90
003 323 0001	days only
	One time with referral from government or social
	service agency-food box, kitchen box, cleaning
	box, beds, 2 large furniture items, 2 small
	furniture items, linens. Referral can be faxed,
	must include client name, social security number,
	detailed list of requested items. Referrals are
	good for 60 days
Ladies of Charity	Low-cost clothing and household items, limited to
120 West Baxter Avenue	4 times a year and must wait 90 days between
865-474-9348	visits. Monday-Saturday 9:30 am-4:00 pm
	Must bring ID and Social Security Card
Salvation Army	Clothing and food to low-income persons in need.
409 N Broadway Street	Appointment required, call between 9:00 am-3:00
865-525-9401	pm. Must have social security card, photo ID,
	proof of address, proof of income at time of
	appointment
Care Cuts of Knoxville	Every Sunday (except for 5th Sunday of month)
519 Williams Street	9:30-2:00
865-599-3866	Breakfast, Lunch, hair-cuts, clothing, resource
	information, showers
Goodwill Industries	Low-cost Clothing, Furniture, Household Items
5307 Kingston Pike	Monday-Saturday 9:00am-6:00pm
2041 North Broadway	Vouchers may be available
5705 Western Avenue	
865-588-8567	
KARM Stores (Knoxville Area Rescue	Low-cost Clothing, Furniture, Household Items
Ministries)	Monday-Saturday 9:00am-9:00pm
5917 Kinston Pike	Vouchers may be available
140 N Forest Park Boulevard	
733 Hall of Fame Drive	
4221 Chapman Highway	
5801 Western Avenue	
314 Merchants Drive	
9565 Middlebrook Pike	

EMPLOYMENT SERVICES

Agency/Location	Employment Services Provided
American Job Center (Dept of Labor) 2700 Middlebrook Pike, Suite 100 Knoxville, TN 37921 865-594-5500	Computer Workstations for job searches, applications Skills Training Career Readiness Certificates Work First-short-term support for job seeking individuals including transportation to interviews, childcare assistance, tools, boots, clothes for employment
Angelic Ministries Hand Off for Men 1218 North Central Street Knoxville, TN 37927 865-523-8884 www.knoxcmjc.org	Faith-based, peer supported, residential recovery program that also offers work-force development training and life skills. Must be enrolled in the residential program to receive job-training.
Goodwill Industries-Knoxville 5307 Kingston Pike Knoxville, TN 37919 865-588-8567 www.https://gwiktn.org	Career Development Boot Camp Digital Literacy Training Resume Formatting Interview Coaching Job Readiness Training, Placement and Retention Support Certified Nurse Assistant Training Project Overcome (for Justice Involved Individuals) Good Prospects-wrap around education and workforce development with special programming for people with disabilities and justice involvement
Knoxworx Knoxville Leadership Foundation 318 North Gay Street, Suite 210 Knoxville, TN 37917 865-524-2774 www.https://knoxworkx.klf.org Vocational Rehabilitation 520 West Summit Hill Drive SW Knoxville, TN 37902 865-594-6060 Statewide: 833-751-0597	Career Assessment Vocational and Job Skills Training Resume Formatting Job Placement Assistance Career Coaching Counseling and Guidance for people with disabilities Job Training Job Placement, Post-Employment Services Supported Employment TDOC job readiness classes
Knoxville Area Urban League 1514 East 5 th Avenue 865-524-5511	Skills training Job Placement Re-entry employment services Classes

RESIDENTIAL SUBSTANCE USE TREATMENT

CenterPointe 5310 Ball Camp Pike Knoxville 865 523-4704	28 day on-site residential program, all genders. Inmates can be transported from jail	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization), grant beds through the state available
Buffalo Valley 501 Park Avenue South Hohenwald, TN 800 447-2766	28 day on-site residential program, all genders. Inmates can be transported from jail	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization), grant beds through the state available
Comprehensive Community Services (CCS) 6145 Star Road Kingsport, TN 423 349-4070	28 day on-site residential program, all genders. Inmates can be transported from jail	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization), grant beds through the state available
Bradford Health 888 762-3740	28 day on-site residential program, all genders. Residential program is in Alabama	Most private insurance accepted, does not accept Medicare (call ahead for pre-authorization)
Cornerstone of Recovery (now managed by Bradford Health)	28 day on-site residential program, all genders.	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization)
Journey Pure 865 234-4352	28 day on-site residential program, all genders.	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization)
Evolve Women's Recovery 201 Prosperity Drive 865 444-1658	28 day partial hospitalization (day program with client staying at transitional home in evening)	TennCare and most private insurance accepted, does not accept Medicare (call ahead for pre-authorization)
Lincoln Trail Behavioral Health Radcliff, KY 270 351-9444	28 day on-site residential program, all genders.	Accepts Medicare. Insurance will possibly pay transportation to facility (via bus).
Turning Point Behavioral Health Moultrie Georgia 1 833 394-8347	28 day on-site residential program, all genders.	Accepts Medicare. Insurance will possibly pay transportation to facility (via bus).

SUBSTANCE USE TRANSITIONAL HOUSING

(ask your Case Manager for other programs in Knoxville and surrounding area)

Program/Program Length	Contact	Gender	Deposit/Fee	Services
Adult & Teen Challenge 9 months	Kerri Hardwick 865 546-8933	F	No Fee Fundraising for program required	Faith-based. Life skills, anger management, 12 steps, parenting, GED, employment assistance
Angelic Ministries 12 months	Tony Earl 865 755-4807	M	\$250 Deposit, total program is \$3000 which participant works towards	Faith-based. Life skills, 12 steps, employment assistance, transportation
Chance House 6 months	Desiree Bowers 865 237-3410	F	\$500 Deposit, \$133 weekly	Faith-based. Life skills, anger management, 12 steps, parenting, employment assistance
Crossroads 9-24 months	Maarja Fox 865 363-0605	F	\$440 Deposit, \$110 weekly, \$10 drug screens	A&D education, NA, life skills, anger management, parenting, employment assistance
Irongate 6 months	Marlana Smartt 865 415-9972	F	\$400 Deposit, \$145 per week	A&D education, NA, life skills, parenting, employment assistance, must gain employment
Integrity House 6-9 months	Jeremy Hoard 865 415-9572	M	\$400 Deposit, \$145 weekly	12 step program, must gain employment
Jellinek 6-12 months	Rick Walker 865 525-4627	M	Sliding scale, contact program	Supervised introductory phase, A&D education, NA, life skills
Lazarus Project 12 months	Whitney Rogers 865 280-2830	M	\$500 Deposit, \$180 weekly	Faith-based. A&D education, NA, life skills, anger management, parenting, employment assistance
Open Door 6-18 months	Regina Hilton 865 560-6958	F	\$350 Deposit, \$150 weekly	A&D education, NA, life skills, anger management, parenting, employment assistance
Primary Purpose 9-12 months	Micah McCarter 561 632-1905	M	\$350 Deposit, \$150 weekly	A&D education, NA, life skills, anger management, parenting, employment assistance
Steps House 9-12 months	Tara Harris 865 573-7152	M	\$590 Deposit (covers firet 3 weeks) \$165 week	A&D education, NA, life skills, anger management, parenting, employment assistance
The Mend House 6 months	Walter Simpson 423 415-8113 865 951-8347	M	\$900 Deposit, \$150 per week, \$10 drug screens	A&D education, NA, life skills, anger management, parenting, employment assistance

SUBSTANCE USE IOP

Provider	Program/Payment	
Bradford Health Services	Men and Women	
301 South Gallaher View Road	Private Insurance, TennCare	
865 693-9326, 1-866-747-3986	,	
Cherokee Health Systems	Men and Women	
2018 Western Avenue	Insured and Uninsured	
865 544-0406, 1-866-231-4477	Uninsured participants will be enrolled into Safety Net to	
	cover the cost of treatment	
Cornerstone of Recovery	Men and Women	
4726 Airport Highway	Private Insurance	
866 865-3689		
Cumberland Heights	Men and Women	
1320 Papermill Pointe Way	Private Insurance	
865 213-9003		
Health Connect America	Men and Women	
5743 Western Avenue	Private Insurance, TennCare	
865 247-7045		
Hope of East Tennessee	Men and Women	
188 Raleigh Road	Private Insurance, TennCare	
Oak Ridge		
865 482-4826		
McNabb Center	Men and Women	
205 W. Springdale Avenue	Insured and Uninsured	
865 637-9711, 1-800-255-9711	Unisured participants will be enrolled into Safety Net to	
	cover the cost of treatment	
Omni Community Health Services	Men and Women	
4709 Papermill Road Suite 101 & 102	Private Insurance, TennCare	
865 525-0391		
Peninsula Behavioral Health	Men and Women	
1451 Dowell Springs Blvd	Insured and Uninsured	
865 970-9800	Unisured participants will be enrolled into Safety Net to	
	cover the cost of treatment	
Peninsula Behavioral Health-	Women only	
Women in Treatment	Uninsured only (or exhausted insurance, call for more	
1451 Dowell Springs Blvd	information)	
865 374-7262		
Serenity/Journey Pure	Men and Women	
9050 Executive Park Drive, Suite 100B	Private Insurance, TennCare	
865 247-5196		
Susannah's House	Pregnant Women and New Mothers	
923 Dameron Avenue		
865 200-4759		

NA/AA and RECOVERY SUPPORT PROGRAMS

Alcoholics Anonymous

There are multiple groups across the East TN Area. The East Tennessee Intergroup of Alcoholic Anonymous website has listing of multiple meetings in the area including location, time, if meeting is an open or closed (for AA members only) meeting, if meeting is in-person or Zoom or both, if meeting is men or women only or both, if meeting location is wheelchair assessable.

Website:

https://www.etiaa.rog/meetings

The website has a printable list of meetings that your case manager can print for you.

There is an App for Smart Phones called Meeting Guide App.

Narcotics Anonymous

There are multiple groups across the East TN Area. The Narcotics Anonymous website has listing of multiple meetings in the area including location, time, if meeting is an open or closed (for AA members only) meeting, if meeting is in-person or Zoom or both, if meeting is men or women only or both, if meeting location is wheelchair assessable.

Website:

https://www.na.org

There is an App for Smart Phones called NA Meeting Search.

Metro Drug Coalition-The Gateway

530 W 5th Avenue 865 588-5550

https://www.metrodrug.org

The Gateway is a recovery community center developed by the Metro Drug Coalition to provide support to people seeking treatment, recovery support, community or are transitioning from residential treatment and back into the community.

The Gateway offers:

Referrals to treatment
Financial assistance for transitional housing or treatment
Meetings
Support Groups
Group Activities
Exercise Room
Public Education

CELEBRATE RECOVERY

Celebrate Recovery is a faith-based recovery program based on the 12-steps model. Meetings are located around the country. Most programs include a meal, worship service and small group meetings.

Celebrate Recovery North-Fountain City United Methodist Church

212 Hotel Road 865 227-7105

Tuesday Evenings-6:00 pm Dinner, 6:30 pm Worship Service, 7:30 pm groups

Celebrate Recovery-Shoreline Church

9635 Westland Drive 865 742-0502

Tuesday Evenings-7:00 pm

Wallace Memorial Baptist Church

701 Merchant Drive 865 441-5347 Monday-6:30 pm

Celebrate Recovery-First United Methodist Church Maryville

804 Montvale Station Road Maryville 865 556-6338

Wednesday Evenings-5:30 Dinner, 6:30 Worship Service, 7:40 Groups

Celebrate Recovery Rio-Rio Revolution Church (Broadcast Campus)

3419 East Lamar Alexander Parkway Maryville

Tuesday Evenings-6:00 Dinner, 7:00 Large Group, 8:00 Share Groups

Celebrate Recovery Rio-Rio Revolution Church (411 Campus)

5939 US-411 Maryville 865 984-9200 ext 1013

Thursday Evenings-6:00 Dinner, 7:00 Large Group, 8:00 Share Groups

Celebrate Recovery Website:

https://www.celebraterecovery.com

Similar Faith-Based Recovery Programs:

Recovery at Cookesbury-Cookesbury United Methodist Church

9919 Kingston Pike

Thursday Evenings-5:30 Dinner, 6:30 Worship Service, 7:45 Groups

Faith Promise Celebrate

10740 Faith Promise Lane

Monday evenings-6:00 Dinner, 7:00 Worship Service, 8:00 Groups

DENTAL, MEDICAL AND VISION CARE

Cherokee Health Systems	2018 Western Avenue	(865) 544-0406
Dental Services		
Knox County Health Department Dental Clinic	140 Dameron Avenue	(865) 215-5110
CAC Gift of Sight, Hearing & Dentures (Age 60+)	2247 Western Avenue	(865) 546-6262
Volunteer Ministry Center Dental Clinic	511 N. Broadway	(865)934-1746
East TN Free Medical Clinic Dental Services	2700 East Magnolia	(865) 264-0678

MEDICAL CARE

Cherokee Health Systems	2018 Western Avenue	(865) 544-0406
Sliding scale fees for medical	(multiple locations)	
care, women's clinic		
Interfaith Health Clinic	315 Gill Avenue	(865) 546-7330
Sliding scale fees for medical		
care		
Knox County Health	140 Dameron Avenue	(865) 215-5000
Department		
Fee-based health services,		
immununizations, Center for		
Excellence (HIV)		
East TN Free Medical Clinic	2700 East Magnolia Avenue	(865) 264-0678
Basic labs, physical exams,		
primary care medicine		

VISION CARE

Lions Club of Fountain City Vision Program	Eye exam and glasses appointments on 3 rd Wednesday of the month, call for appointments	(865) 352-6499
CAC Gift of Sight, Hearing & Dentures (Age 50+)	2247 Western Avenue	(865) 546-6262