

# Mental Health Resource Guide

## Crisis Services

<u>988 Suicide &amp; Crisis Lifeline</u> .....	988
<u>Veterans Crisis Line</u> .....	988 then press 1 or text 838255
<u>Mobile Crisis</u> .....	865-539-2409
<u>TN Suicide Prevention Crisis line</u> ..	855-274-7471 or text "TN" to 741741
<u>Crisis Stabilization</u> .....	865-541-6958
<u>McNabb Center</u> .....	800-255-9711
<u>East TN Behavioral Health</u> .....	888-907-5190
<u>Cherokee Health Systems</u> .....	800-826-6881

## Employer Provided Services

<u>HealthJoy</u> .....	877-500-3212
<u>ComPsych (EAP)</u> .....	833-485-4246

## Alcohol/Drug Treatment

<u>TN REDLINE</u> .....	800-889-9789
<u>Cornerstone of Recovery</u> .....	888-762-3740
<u>CenterPointe</u> .....	865-523-4704
<u>Cherokee Health Systems</u> .....	866-231-4477
<u>East TN Behavioral Health</u> .....	888-907-5190
<u>Peninsula</u> .....	865-970-9800
<u>Recovery Link</u> .....	865-374-5465
<u>Buffalo Valley (Hohenwald, TN)</u> ....	800-447-2766

