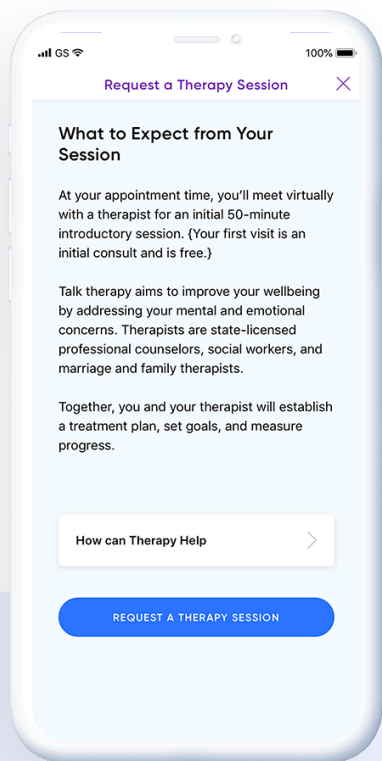


The HealthJoy Behavioral Health Process

HealthJoy Behavioral Health provides access to long-term, virtual therapy that can help with depression, anxiety, trauma, and other mental health concerns.

Here's how it works



Step 1: Access Behavioral Health

From the HealthJoy app, access HealthJoy Behavioral Health through the main menu or wallet card.



Step 2: Personalize Your Visit

Enter some personal information about yourself and then select the provider, date, time, and meeting type that works best for you. You can review provider bios, including licensure, training, and areas of expertise. Flexible scheduling is available including nights and weekend appointments.



Step 3: Provider Meeting

After scheduling your session, you'll meet with a provider for an initial 50-minute session via phone or video. Afterward, you will receive a personalized treatment plan from your provider.



Step 4: Follow-Up Visits

You can continue to meet with the same provider for 50-minute sessions for the duration of care. They will perform periodic assessments to measure progress, outcomes, and treatment success.