



1.1 Impacts of Development and Stormwater Runoff

Land development changes not only the physical, but also the chemical and biological conditions of Knox County's streams. This chapter describes the changes that occur due to development and the resulting stormwater runoff impacts.

1.1.1 Development Changes Land and Runoff

When land is developed, the hydrology, or the natural cycle of water is disrupted and altered. Clearing removes the vegetation that intercepts, slows and returns rainfall to the air through evaporation and transpiration. Grading flattens hilly terrain and fills in natural depressions that slow and provides temporary storage of stormwater runoff. The topsoil and sponge-like layers of decaying leaves and other organic materials are scraped and removed and the remaining subsoil is compacted. Rainfall that once seeped into the ground now runs off the surface. The addition of buildings, roadways, parking lots and other surfaces that are impervious to rainfall further reduces infiltration and increases runoff.

Depending on the magnitude of changes to the land surface, the total runoff volume can increase dramatically. These changes not only increase the total volume of runoff, but also accelerate the rate at which runoff flows across the land. This effect is further exacerbated by drainage systems such as gutters, storm sewers and lined channels that are designed to quickly carry runoff to rivers and streams.

Development and impervious surfaces also reduce the amount of water that infiltrates into the soil and groundwater, thus reducing the amount of water that can recharge aquifers and feed streamflow during periods of dry weather.

Finally, development and urbanization affect not only the quantity of stormwater runoff, but also its quality. Development increases both the concentration and types of pollutants carried by runoff. As it runs over rooftops and lawns, parking lots and industrial sites, stormwater picks up and transports a variety of contaminants and pollutants to downstream waterbodies. The loss of the original topsoil and vegetation removes a valuable filtering mechanism for stormwater runoff.

The cumulative impact of development and urban activities, and the resultant changes to both stormwater quantity and quality in the entire land area that drains to a stream, river, lake or estuary determines the conditions of the waterbody. This land area that drains to the waterbody is known as its *watershed*. Urban development within a watershed has a number of direct impacts on downstream waters and waterways. These impacts include:

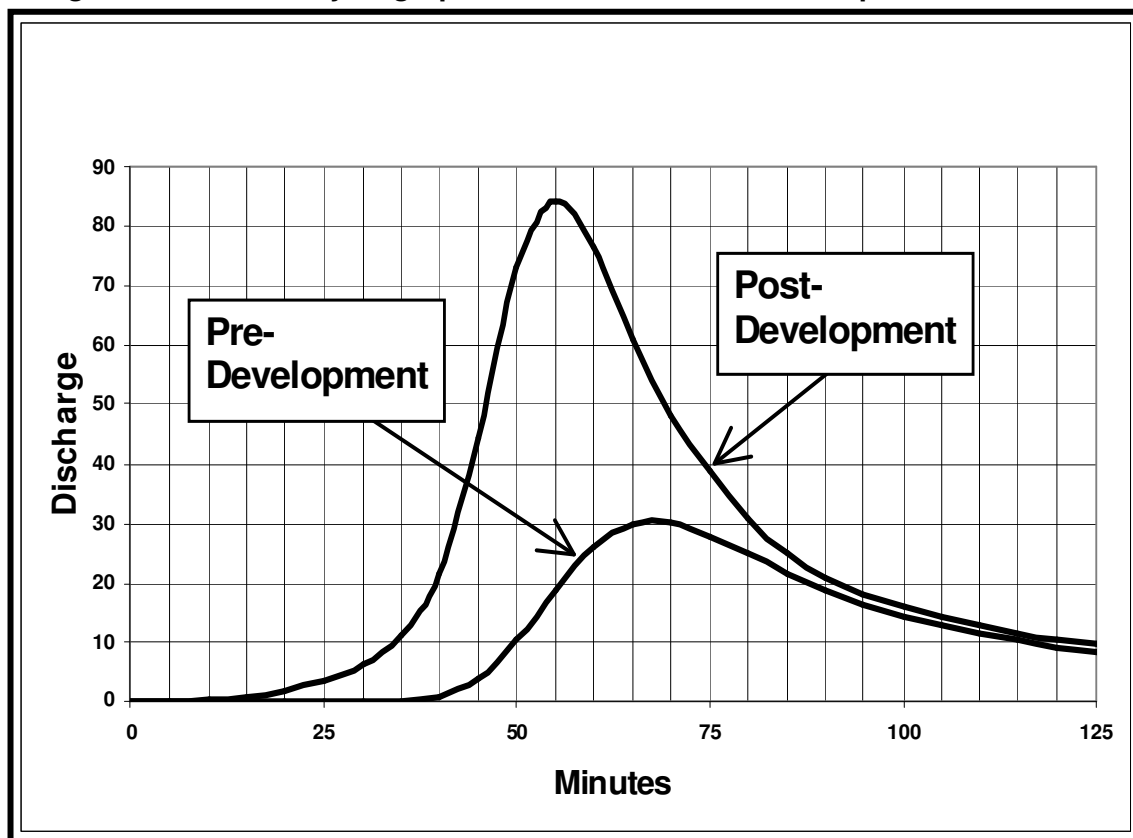
- Changes to stream flow;
- Changes to stream geometry;
- Degradation of aquatic habitat; and,
- Water quality impacts.

1.1.2 Changes to Stream

Urban development alters the hydrology of watersheds and streams by disrupting the natural water cycle. This results in:

- Increased Runoff Volumes – Land surface changes can dramatically increase the total volume of runoff generated in a developed watershed.
- Increased Peak Runoff Discharges – Increased peak discharges for a developed watershed can be two to five times higher than those for a watershed prior to development. This is depicted in Figure 1-1.
- Greater Runoff Velocities – Impervious surfaces and compacted soils, as well as improvements to the drainage system such as storm drains, pipes and ditches, increase the speed at which rainfall runs off land surfaces within a watershed.
- Timing – As runoff velocities increase, it takes less time for water to run off the land and reach a stream or other waterbody.
- Increased Frequency of Bankfull and Near Bankfull Events – Increased runoff volumes and peak flows increase the frequency and duration of smaller bankfull and near bankfull events which are the primary channel forming events.
- Increased Flooding – Increased runoff volumes and peaks also increase the frequency, duration and severity of out-of-bank flooding.
- Lower Dry Weather Flows (Baseflow) – Reduced infiltration of stormwater runoff causes streams to have less baseflow during dry weather periods and reduces the amount of rainfall recharging groundwater aquifers.

Figure 1-1. Runoff Hydrograph under Pre-and Post-Development Conditions

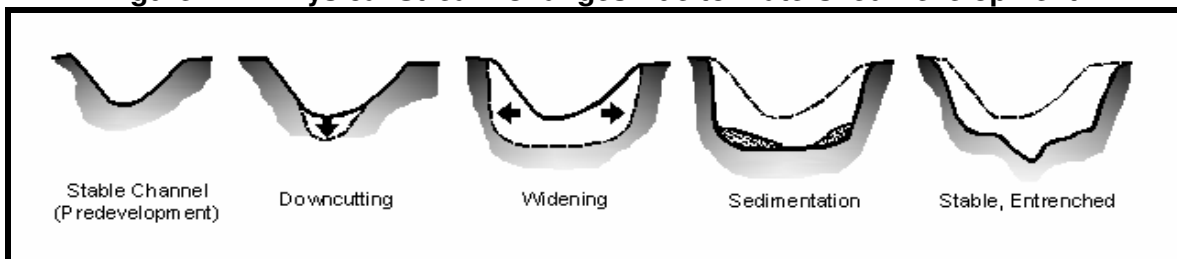


1.1.3 Changes to Stream Geometry

The changes in the rates and amounts of runoff from developed watersheds directly affect the morphology, or physical shape and character, of Tennessee's creeks and streams. This is depicted graphically in Figure 1-2. Some of the impacts due to urban development include:

- Stream Widening and Bank Erosion – Stream channels widen to accommodate and convey the increased runoff and higher stream flows from developed areas. More frequent small and moderate runoff events undercut and scour the lower parts of the streambank, causing the steeper banks to slump and collapse during larger storms. Higher flow velocities further increase streambank erosion rates. A stream can widen many times its original size due to post-development runoff.
- Stream Downcutting – Another way that streams accommodate higher flows is by downcutting their streambed. This causes instability in the stream profile, or elevation along a stream's flow path, which increases velocity and triggers further channel erosion both upstream and downstream.
- Loss of Riparian Tree Canopy – As streambanks are gradually undercut and slump into the channel, the trees that had protected the banks are exposed at the roots. This leaves them more likely to be uprooted during major storms, further weakening bank structure.
- Changes in the Channel Bed Due to Sedimentation – Due to channel erosion and other sources upstream, sediments are deposited in the stream as sandbars and other features, covering the channel bed, or substrate, with shifting deposits of mud, silt and sand.
- Increase in the Floodplain Elevation – To accommodate the higher peak flow rate, a stream's floodplain elevation typically increases following development in a watershed due to higher peak flows. This problem is compounded by building and filling in floodplain areas, which cause flood heights to rise even further. Property and structures that had not previously been subject to flooding may now be at risk.

Figure 1-2. Physical Stream Changes Due to Watershed Development



1.1.4 Impacts to Aquatic Habitat

Along with changes in stream hydrology and morphology, the habitat value of streams diminishes due to development in a watershed. Impacts on habitat include:

- Degradation of Habitat Structure – Higher and faster flows due to development can scour channels and wash away entire biological communities. Streambank erosion and the loss of riparian vegetation reduce habitat for many fish species and other aquatic life, while sediment deposits can smother bottom-dwelling organisms and aquatic habitat.
- Loss of Pool-Riffle Structure – Streams draining undeveloped watersheds often contain pools of deeper, more slowly flowing water that alternate with “riffles” or shoals of shallower, faster flowing water. These pools and riffles provide valuable habitat for fish and aquatic insects. As a result of the increased flows and sediment loads from urban watersheds, the pools and riffles disappear and are replaced with more uniform, and often shallower, streambeds that provide less varied aquatic habitat.



- Decline of Abundance and Biodiversity – When there is a reduction in various habitats and habitat quality, both the number and the variety, or diversity, of organisms (wetland plants, fish, macroinvertebrates, etc.) are also reduced. Sensitive fish species and other life forms disappear and are replaced by those organisms that are better adapted to the poorer conditions. The diversity and composition of the benthic, or streambed, community have frequently been used to evaluate the quality of urban streams. Aquatic insects are a useful environmental indicator as they form the base of the stream food chain.

Fish and other aquatic organisms are impacted not only by the habitat changes brought on by increased stormwater runoff quantity, but are often also adversely affected by water quality changes due to development and resultant land use activities in a watershed.

1.1.5 Water Quality Impacts

Nonpoint source pollution, which is the primary cause of polluted stormwater runoff and water quality impairment, comes from many diffuse or scattered sources – many of which are the result of human activities within a watershed. Development concentrates and increases the amount of these nonpoint source pollutants. As stormwater runoff moves across the land surface, it picks up and carries away both natural and human-made pollutants, depositing them into Knox County's streams, rivers, lakes, wetlands, and groundwater. Nonpoint source pollution is the leading source of water quality degradation in Knox County. According to the State of Tennessee's list of impaired waters, sediment and habitat alteration are considered two major pollutants for streams in Knox County.

Water quality degradation in urbanizing watersheds starts when development begins. Erosion from construction sites and other disturbed areas contribute large amounts of sediment to streams. As construction and development proceed, impervious surfaces replace the natural land cover and pollutants from human activities begin to accumulate on these surfaces. During storm events, these pollutants are then washed off into the streams. Stormwater also causes discharges from sewer overflows and leaching from septic tanks. There are a number of other causes of nonpoint source pollution in urban areas that are not specifically related to wet weather events including leaking sewer pipes, sanitary sewage spills, and illicit discharge of commercial/industrial wastewater and wash waters to storm drains.

Due to the magnitude of the problem it is important to understand the nature and sources of urban stormwater pollution. Table 1-1 summarizes the major stormwater pollutants and their effects. Some of the most frequently occurring pollution impacts and their sources for urban stream are:

- Reduced Oxygen in Streams – The decomposition process of organic matter uses up dissolved oxygen (DO) in the water, which is essential to fish and other aquatic life. As organic matter is washed off by stormwater, dissolved oxygen levels in receiving waters can be rapidly depleted. If the DO deficit is severe enough, fish kills may occur and stream life can weaken and die. In addition, oxygen depletion can affect the release of toxic chemicals and nutrients from sediments deposited in a waterway.
- All forms of organic matter in urban stormwater runoff such as leaves, grass clippings and pet waste contribute to the problem. In addition, there are a number of non-stormwater discharges of organic matter to surface waters such as sanitary sewer leakage and septic tank leaching.
- Microbial Contamination – The level of bacteria, viruses and other microbes found in urban stormwater runoff often exceeds public health standards for water contact recreation such as swimming and wading. Microbes can also contaminate shellfish beds, preventing their harvesting and consumption, as well as increasing the cost of treating drinking water. The main sources of these contaminants are sewer overflows, septic tanks, pet waste, and urban wildlife such as pigeons, waterfowl, squirrels, and raccoons.

Table 1-1. Major Stormwater Pollutants and Their Potential Effects

Constituents	Effects
Sediments - Suspended Solids, Dissolved Solids, Turbidity	Stream turbidity Habitat changes Recreation/aesthetic loss Contaminant transport Filling of lakes and reservoirs
Nutrients - Nitrate, Nitrite, Ammonia, Organic Nitrogen, Phosphate, Total Phosphorus	Algae blooms Eutrophication Ammonia and nitrate toxicity Recreation/aesthetic loss
Microbes - Fecal Coliforms, Fecal Streptococci, Viruses, E.Coli, Enterocci	Ear/intestinal infections Shellfish toxicity Recreation/aesthetic loss
Organic Matter - Vegetation, Sewage, Other Oxygen Demanding Materials	Dissolved oxygen depletion Odors Fish kills
Toxic Pollutants - Heavy Metals (cadmium, copper, lead, zinc), Organics, Hydrocarbons, Pesticides/Herbicides	Human & aquatic toxicity Bioaccumulation in the food chain
Thermal Pollution	Dissolved oxygen depletion Habitat changes
Trash and debris	Recreation/aesthetic loss

- **Nutrient Enrichment** – Runoff from urban watersheds contains increased nutrients such as nitrogen or phosphorus compounds. Increased nutrient levels are a problem as they promote weed and algae growth in lakes, streams and estuaries. Algae blooms block sunlight from reaching underwater grasses and deplete oxygen in bottom waters. In addition, nitrification of ammonia by microorganisms can consume dissolved oxygen, while nitrates can contaminate groundwater supplies. Sources of nutrients in the urban environment include washoff of fertilizers and vegetative litter, animal wastes, sewer overflows and leaks, septic tank seepage, detergents, and the dry and wet fallout of materials in the atmosphere.
- **Hydrocarbons** – Oils, greases and gasoline contain a wide array of hydrocarbon compounds, some of which have shown to be carcinogenic, tumorigenic and mutagenic in certain species of fish. In addition, in large quantities, oil can impact drinking water supplies and affect recreational use of waters. Oils and other hydrocarbons are washed off roads and parking lots, primarily due to engine leakage from vehicles. Other sources include the improper disposal of motor oil in storm drains and streams, spills at fueling stations and restaurant grease traps.
- **Toxic Materials** – Besides oils and greases, urban stormwater runoff can contain a wide variety of other toxicants and compounds including heavy metals such as lead, zinc, copper, and cadmium, and organic pollutants such as pesticides, PCBs, and phenols. These contaminants are of concern because they are toxic to aquatic organisms and can bioaccumulate in the food chain. In addition, they also impair drinking water sources and human health. Many of these toxicants accumulate in the sediments of streams and lakes. Sources of these contaminants include industrial and commercial sites, urban surfaces such as rooftops and painted areas, vehicles and other machinery, improperly disposed household chemicals, landfills, hazardous waste sites and atmospheric deposition.



- **Sedimentation** – Eroded soils are a common component of urban stormwater and area a pollutant in their own right. Excessive sediment can be detrimental to aquatic life by interfering with photosynthesis, respiration, growth and reproduction. Sediment particles transport other pollutants that are attached to their surfaces including nutrients, trace metals and hydrocarbons. High turbidity due to sediment increases the cost of treating drinking water and reduces the value of surface waters for industrial and recreational use. Sediment also fills ditches and small streams and clogs storm sewers and pipes, causing flooding and property damage. Sedimentation can reduce the capacity of reservoirs and lakes, block navigation channels, fill harbors and silt estuaries. Erosion from construction sites, exposed soils, street runoff, and streambank erosion are the primary sources of sediment in urban runoff.
- **Higher Water Temperatures** – As runoff flows over impervious surfaces such as asphalt and concrete, it increases in temperature before reaching a stream or pond. Water temperatures are also increased due to shallow ponds and impoundments along a watercourse as well as fewer trees along streams to shade the water. Since warm water can hold less dissolved oxygen than cold water, this “thermal pollution” further reduces oxygen levels in depleted urban streams. Temperature changes can severely disrupt certain aquatic species, such as trout and stoneflies, which can survive only within a narrow temperature range.
- **Trash and Debris** – Considerable quantities of trash and other debris are washed through storm drain systems and into streams, lakes and bays. The primary impact is the creation of an aesthetic “eyesore” in waterways and a reduction in recreational value. In smaller streams, debris can cause blockage of the channel, which can result in localized flooding and erosion.

1.1.6 Stormwater Hotspots

Stormwater hotspots are areas of the urban landscape that often produce higher concentrations of certain pollutants, such as hydrocarbons or heavy metals, than are normally found in urban runoff. These areas merit special management and the use of specific pollution prevention activities and/or structural stormwater controls. The Director of the Knox County Department of Engineering and Public Works has the authority to require additional measures for developments and redevelopments that propose such hotspot land uses. Examples of stormwater hotspots include, but are not limited to:

- Gas/fueling stations
- Vehicle maintenance areas
- Vehicle washing / steam cleaning
- Auto recycling facilities
- Outdoor material storage areas
- Plant nurseries, agricultural areas
- Kennels, feed lots, etc.
- Loading and transfer areas
- Landfills
- Construction sites
- Industrial sites
- Industrial rooftops

1.1.7 Effects on Ponds, Lakes and Reservoirs

Stormwater runoff into ponds, lakes and reservoirs can have some unique negative effects. A notable impact of urban runoff is the filling in of lakes with sediment. Another significant water quality impact on lakes related to stormwater runoff is nutrient enrichment. This can result in the undesirable growth of algae and aquatic plants. Enclosed or regulated waterbodies such as ponds, lakes and reservoirs do not flush contaminants as quickly as streams and act as sinks for nutrients, metals and sediments. This means that lakes can take longer to recover if contaminated.