



Mon	Tues	Wed	Thurs	Fri
8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Bridge 11:00 Belly Dance Cls 12:15 Adv Belly Dance 1:00 Conv. Spanish 2:00 Line Dancing 5:45 Cardio 3 2	7:30 Walkers 9:00 Weight Group 9:00 Beg Tai Chi 10:00 Tai Chi Rev 11:15 Pilates 10:00 Oil Painting 12:30 Canasta 1:00 Pinochle 2:00 Yoga Group 5:45 Cardio 3 3	8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Social Bridge 12:00 Covenant Lunch & Learn BILL WILLIAMS, & Tribute to Dick Ebert "Colon Cancer" Call 541-4500 4 Space Limited!	7:30 Walkers 9:00 Beg Tai Chi 10:00 Tai Chi Rev 11:00 Blood Press 11:00 Dup. Bridge 11:15 Pilates 11:00 Homewatch Home Care Informational 2:00 Chorus 5:45 Cardio 3 5	8:30 Covenant Bd. 8:45 Cardio 3 9:30 Canasta 10:00 Cardio 2 10:30 Soc. Bridge 11:15 Pilates 12:00 Creative Writing Class 1:00 Ballroom Class 2:00 Ballroom 6
8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Bridge 11:00 Belly Dance 12:15 Adv Belly Dance 1:00 Conv. Spanish 2:00 Line Dancing 5:45 Cardio 3 9	7:30 Walkers 9:00 Beg Tai Chi 10:00 Tai Chi Rev 10:00 Oil Painting 11:15 Pilates 12:30 Canasta 1:00 Pinochle 2:00 Yoga Group 5:45 Cardio 3 10	8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Social Bridge 12:00 Summer Bingo Bash & Ice Cream Social sponsored by E TN Personal Care Register in Advance 11 1:00 Spanish	7:30 Walkers 9:00 Beg Tai Chi 10:00 Tai Chi Rev 11:00 Blood Press 11:00 Dup. Bridge 11:15 Pilates 5:45 Cardio 3 12	8:45 Cardio 3 9:30 Canasta 10:00 Cardio 2 10:30 Soc. Bridge 11:00 Pilates 1:00 Ballroom Class 2:00 Ballroom 13
8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Bridge 11:00 Belly Dance Cls 12:15 Adv Belly Dance 1:00 Conv. Spanish 2:00 Line Dancing 5:45 Cardio 3 16	7:30 Walkers 9:00 Weight Grp 9:00 Beg Tai Chi 10:00 Tai Chi Rev 10:00 Oil Painting 11:15 Pilates 12:30 Canasta 1:30 Pinochle 2:00 Yoga Group 5:45 Cardio 3 17	8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Social Bridge 12:00 Red Hat Society Social  1:00 Spanish Club 18	7:30 Walkers 9:00 Beg Tai Chi 10:00 Tai Chi Rev 11:00 Blood Press 11:00 Dup. Bridge 11:15 Pilates 12:00 Book Club 5:45 Cardio 3 19	8:45 Cardio 3 9:30 Canasta 10:00 Cardio 2 10:30 Soc. Bridge 11:00 Pilates 12:00 Creative Writing Class 1:00 Ballroom Class Deadline for Hot Dog Party Sign up 20
8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Bridge 11:00 Belly Dance Cls 12:15 Adv Belly Dance 1:00 Movie Day 1:00 Conv. Spanish 2:00 Line Dancing 5:45 Cardio 3 23	7:30 Walkers 9:00 Beg Tai Chi 10:00 Tai Chi Rev 10:00 Oil Painting 11:15 Pilates 12:30 Canasta 1:00 GRUB CLUB Aubrey's 1:00 Pinochle 2:00 Yoga Group 24	8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Social Bridge 12:00 Parkwest Hospital presents CPR & Defibrillator Training Call 541-4500 1:00 Spanish Club 25	Mayor's Senior Appreciation Picnic At New Harvest Park 11:30 Food * Music * Booths * Fun ALL CENTERS CLOSED 26	8:45 Cardio 3 9:30 Canasta 10:00 Cardio 2 10:30 Soc. Bridge 11:00 Pilates 1:00 Ballroom Class 2:00 Ballroom 27

8:45 Cardio 3 9:30 Watercolor 10:00 Cardio 2 10:30 Bridge 11:00 Belly Dance Cls 12:15 Adv Belly Dance 1:00 Conv. Spanish 2:00 Line Dancing 5:45 Cardio 3 30

*Don't Forget the Mayor's Senior Appreciation Picnic at New Harvest Park
 Lots of Food * Entertainment * Vendors * Mini Health Fair*

JUNE 26 at 11:30 All County Senior Centers Closed
Please RSVP at 215-4007

