



November/  
December  
2011

# HALLS SENIOR CENTER *Happenings...*

The Center will be closed on:  
November 11th in commemoration of Veteran's Day.  
November 24th, 25th, 26th, 27th for Thanksgiving holiday.  
December 23rd and 26th in observation of Christmas holiday.



## **November 8th ... Thanksgiving Season Potluck Luncheon**

Bring your favorite autumn harvest dish to share at our annual Thanksgiving Season Potluck. You'll be sure to enjoy some wonderful home cooked dishes by some of the area's best cooks. Last year we had some wonderful dishes including baked beans, sweet corn, fried okra, crackling bread, pumpkin pie and fried apples. Let's make this year just as memorable. We'll definitely be having some good food and great company. Join us at 12:00 noon for our Thanksgiving Season Potluck Luncheon on Tuesday, November 8th.

## **November 8th ... Healthy Eating On A Budget Couponing Class**

Tuesday, November 8th at 1:30 PM visit with Cheryl Hill, Registered Dietitian, from Knox County Health Department. You may have seen Cheryl on local TV before or attended one of her other couponing classes. On Tuesday, November 8th, she will be having a couponing class here at Halls Senior Center. She will be focusing on healthy eating, maximize your grocery savings, finding coupons to meet your needs in promoting a healthier diet and matching sales coupons. There is no pre-registration for this free class. Stop by and visit.

## **November 8th ... Caregiver Support Group**

We'll be starting a caregiver support group on Tuesday, November 8th. The Caregiver Support group will meet the second Tuesday of every month at 2:00 PM. Being a caregiver can be a stressful job. It often helps to talk with others who are experiencing the same demands and stress that caregivers experiences. There is no fee for this support group. All caregivers are welcome to attend.

## **November 15th ... Property Tax Relief Program Presentation**

Stop in and meet the staff from Knox County Trustee's office on Tuesday, November 15th at 1:00 PM. They will be providing a presentation on the Property Tax Relief Program. Learn about the eligible requirements for participating in the property tax relief program and other particulars. Applications will be available during the presentation. For additional information on this program you can contact the Knox County Trustee's office at 215-8554. No pre-registration necessary to attend.



## **Texas Hold 'em Poker Returns!**

Stop in and play Texas Hold 'em Poker on Mondays at 10:00 AM beginning November 7th. If you've never played before but would like to learn this is the opportunity you've been waiting for. The Texas Hold 'em Poker group will play from 10:00—12:00 noon.

## Hiking Club Schedule

The Halls Senior Center Hiking Club has the following hikes scheduled. The group will meet at the center the day of each hike at 8:30 AM. Feel free to join them for a senior friendly hike.

Thursday, November 10th Ijams Nature Center. (This day the group will also discuss and choose future hike sites for upcoming months).

Friday, November 18th Big South Fork.

Friday, December 15th Lakeshore Park.

Friday, December 30th Frozen Head State Park.

## November 29th ... Super Senior Luncheon

We're fortunate to have the Halls High School Madrigals returning to perform during our luncheon on Tuesday, November 29th at 12:15 PM. Last year, the youth group, provided a wonderful program while dressed in Renaissance costumes and singing songs of the holiday season. They have two competitions scheduled this year and over twenty scheduled public performances in the Knox County area. Boxed lunches will be available for \$6. You may also bring your own lunch or stop in and enjoy the performance. If you choose to order your luncheon you will need to pay for your order no later than noon on Monday, November 28th for planning and ordering purposes.

## November 29th ... Bereavement Support Group

The Bereavement Support Group will meet the last Tuesday of every month at 2:00 PM at Halls Senior Center. This group is for seniors who are looking to find help and healing from losing a loved one. You don't have to go through the grieving process alone. This group is facilitated by a caring professional who understands what you're going through. It's an easier journey when you have someone to walk alongside you through one of life's most difficult experiences. You don't have to pre-register for this support group and there is no fee to participate.

## December 6th ... Super Seniors Luncheon

This month our Super Seniors Luncheon has a new time so we could invite the Tellico Tappers back for another show! The last time they visited with us they gave an amazing performance. Join us on Tuesday, December 6th at 12:00 noon for an hour of pure golden entertainment. Box lunches are available for \$6. You can also bring your own lunch or feel free to just stop in and enjoy the entertainment. If you choose to order your luncheon you will need to pay for your order no later than noon on Monday, December 5th for planning purposes. For additional information contact the center at 922-0416.



## December 12th ... Ornament Class

On Monday, December 12th at 9:30 AM we'll be having our Christmas ornament craft class. We'll be taking light bulbs and with acrylic paint creating unique one-of-a-kind ornaments for your holiday tree. These keepsakes also make great holiday gift giving items as well. Please call to pre-register for this class for planning purposes.

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## 1:00 PM Friday Afternoon Westerns

Friday, November 4 .. *Prairie Fever* (2008) starring Kevin Sorbo and Lance Henriksen. Not Rated. Length: 81 minutes.

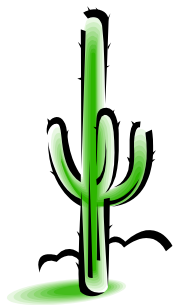
Friday November 18 .. *Aces 'n Eights* (2008) starring Casper Van Dien. Not Rated. Not Rated. Length: 87 minutes.

Friday, December, 2nd ... *Cowboy* (1958) starring Glenn Ford and Jack Lemmon. Not Rated. Length: 92 minutes.

Friday, December 9th .. *Last Train from Gun Hill* (1959) starring Kirk Douglas & Anthony Quinn. Not Rated. Length: 94 min.

Friday, December 16th ... *Rare Breed* (1966) starring James Stewart and Maureen O'Hara. Not Rated. Length: 97 minutes.

Friday, December 30th *The Magnificent Seven Ride* (1969) starring George Kennedy and James Whitmore. Not Rated. Length: 100 minutes.



## Technology Classes

December 9th ... 1:00 PM explore the basics of Ebay. Please call to pre-register for this free class. Students will need an email address prior to taking this class. Please call 922-0416 to pre-register.

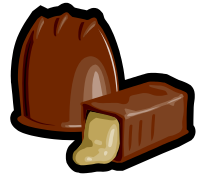
December 16th .. 1:00 PM learn the basics of Facebook. Students will need an email account prior to setting up a Facebook Account. This class will not cover setting up an email account. Please call to pre-register for this free Facebook basics class at 922-0416.

## December 13th ... Christmas Holiday Potluck Luncheon

Celebrate with us at our annual Christmas Season Potluck Luncheon at 12:00 noon. Bring a friend or two and share your favorite holiday dish. You're invited to wear your most festive seasonal attire and share some holiday cheer. We'll enjoy some seasonal holiday music and there will be some fun door prizes, too.

## December 20th ...Holiday Cookie & Candy Exchange Party

Tuesday, December 20th at 12:00 noon we'll be having our annual Holiday Cookie and Candy Exchange Party. If you love the idea of having a dozen different cookies on hand to entertain guests and family with during the holidays but just don't have the time to make such a variety of goodies then join us for our holiday cookie and candy exchange party. It's a great time to sample home-made goods and share recipes for the upcoming holidays. Each guest needs to make a dozen of their favorite cookies or candies to share at the party and three dozen for the exchange. Also bring your recipe to share with others and don't forget a container to take your delicious treats home in. Light refreshments will be served compliments of *MediHome Private Care*.



## December 20th ... Tea Dance & Tea Dance Class



Join the Tea Dance class on Tuesday, December 20th from 2:00—4:00. This class is hosted by the Social Dance Class here at Halls Senior Center. Many people find themselves attending events and engagements during the holiday season where dancing is part of the celebration. No longer feel out of place when you can learn a few simple dance steps that will make your participation more enjoyable. Join the festivities with friends and family. Come to the Tea Dance class, learn a few steps and kick up your heels and dance. Fee is \$2.50 payable to the instructor. Light refreshments provided by *Home Helpers*.

## Movie Time in November & December



## Movie Time



November 10th at 2:00 PM... *Roman Holiday* (1953) starring Gregory Peck and Audrey Hepburn in her first starring role as a princess rebelling against her royal obligations. Length: 118 minutes. Not Rated.

November 15th at 2:00 PM... *Second Hand Lions* (2003) starring Michael Caine and Robert Duvall. A coming of age story of a shy young boy sent to live with his two eccentric uncles. Length: 110 minutes. Rated: PG

November 29th at 2:00 PM... *Life on Liberty Street* (2004) starring Ed Begley, Jr., and Annabeth Gish as a nurse who learns those you help can often be the very ones who helps you the most as well. Length: 89 minutes. Not Rated.

December 6th at 2:00 PM.. *An Unfinished Life* (2005) starring Robert Redford and Jennifer Lopez. A journey in forgiveness results when unfortunate circumstances brings estranged family together. Length: 108 minutes. Rated: PG 13.

December 15th at 2:00 PM .. *The Maltese Falcon* (1941) starring Humphrey Bogart and Mary Astor. A private detective takes on a case involving him with three eccentric criminals. Length: 100 minutes. Not Rated.

**HALLS SENIOR CENTER**

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(865) 922-0416 ▪ Fax (865) 922-0432

[www.knoxcounty.org/seniors](http://www.knoxcounty.org/seniors)

**YOU WON'T  
BELIEVE WHAT'S  
INSIDE THIS  
ISSUE!!**



Honorable Tim Burchett, Knox County Mayor  
Hemal Tailor, Director, Senior Services  
Darrell R. Gooding, Coordinator  
Amanda Patton, Assistant

**HALLS SENIOR CENTER HOURS:**

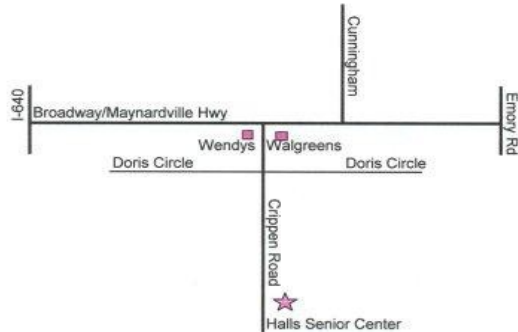
MON: 8:30 am—5 pm

TUES: 8:30 am—5 pm

WED: 8:30 am—5 pm

THURS: 8:30 am — 5 pm

FRI: 8:00 am—4:30 pm



**“Happenings...”**

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