



# January 2012


Carter Senior Center - 9040 Asheville Hwy - 865-932-2939

Monday 8:00am-4:30pm	Tuesday 8:00am-4:30pm	Wednesday 8:00am-4:30pm	Thursday 8:00am-4:30pm	Friday 8:00am-4:30pm
<b>2</b>  <p style="text-align: center;"><b>Closed for New Year Day</b></p>	<b>3</b> 9:00 Scrabble 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>4</b>  9:00 Senior Fitness 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>5</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>6</b>  9:00 Senior Fitness 10:30 Game Time 11:00 <b>Movie Matinee</b> 2:00 Guitar Jam
<b>9</b> 9:00 Senior Fitness 10:00 Quilting 11:30 <b>Super Seniors</b> 1:00 Beginners Line Dance 2:15 Ageless Yoga	<b>10</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>11</b>  9:00 Senior Fitness 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>12</b> 9:00 Cards - Pinochle 10:30 <b>F.C.E</b> 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>13</b>  9:00 Senior Fitness 10:30 <b>CPR Class</b> 2:00 Guitar Jam
<b>16</b>  <p style="text-align: center;"><b>Closed for Martin Luther King, Jr. Day</b></p>	<b>17</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio 1:00 Rook 1:30 Wii Bowling	<b>18</b>  9:00 Senior Fitness 11:30 <b>Lunch and Learn</b> 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>19</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>20</b>  9:00 Senior Fitness 10:30 Game Time 2:00 Guitar Jam
<b>23</b> 9:00 Senior Fitness 10:00 Quilting 12:30 Crafts 1:00 Beginning Line Dance 2:15 Ageless Yoga	<b>24</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>25</b>  9:00 Senior Fitness 11:30 <b>Potluck-Soup /Sandwich</b> 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>26</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>27</b>  9:00 Senior Fitness 10:30 Game Time 2:00 Guitar Jam
<b>30</b> 9:00 Senior Fitness 10:00 Quilting 12:30 Crafts 1:00 Beginning Line Dance 2:15 Ageless Yoga	<b>31</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling			



# February 2012

Carter Senior Center - 9040 Asheville Hwy - 865-932-2939

Monday 8:00am-4:30pm	Tuesday 8:00am-4:30pm	Wednesday 8:00am-4:30pm	Thursday 8:00am-4:30pm	Friday 8:00am-4:30pm
		<b>1</b> 9:00 Senior Fitness 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>2</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>3</b> 9:00 Senior Fitness 10:30 Game Time <b>11:00 Movie Matinee</b> 2:00 Guitar Jam
<b>6</b> 9:00 Senior Fitness 10:00 Quilting 12:30 Crafts 1:00 Beginning Line Dance 2:15 Ageless Yoga	<b>7</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>8</b> 9:00 Senior Fitness <b>11:30 Lunch and Learn</b> 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>9</b> 9:00 Cards - Pinochle <b>10:30 F.C.E.</b> 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>10</b> 9:00 Senior Fitness 10:30 Game Time 2:00 Guitar Jam
<b>13</b> 9:00 Senior Fitness 10:00 Quilting <b>11:30 Super Seniors</b> 12:30 Crafts 1:00 Beginning Line Dance 2:15 Ageless Yoga	<b>14</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling <b>*Free Sweet Treats*</b>	<b>15</b> 9:00 Senior Fitness 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>16</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>17 Random Acts of Kindness Day</b> 9:00 Senior Fitness 10:30 Game Time 2:00 Guitar Jam
<b>20</b> <b>Closed for President's Day</b>	<b>21</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>22</b> 9:00 Senior Fitness 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling	<b>23</b> 9:00 Cards - Pinochle 10:00 Zumba for Seniors 11:30 Cardio Class 12:30 Tai Chi 1:30 + Line Dance 2:30 Wii Bowling	<b>24</b> 9:00 Senior Fitness 10:30 Game Time 2:00 Guitar Jam
<b>27</b> 9:00 Senior Fitness 10:00 Quilting 12:30 Crafts 1:00 Beginning Line Dance 2:15 Ageless Yoga	<b>28</b> 9:00 Scrabble 10:00 Zumba for Seniors 11:30 Cardio Class 1:00 Rook 1:30 Wii Bowling	<b>29</b> 9:00 Senior Fitness <b>11:30 Potluck-Chili/Fixins</b> <b>**Texas Roadhouse Line Dancers</b> 11:45 Flex Stretch 1:00 BINGO 2:00 Wii Bowling		