






November 2009

688-5882

CORRYTON SENIOR CENTER

50+ Facility for Active Seniors

Mon	Tue	Wed	Thu	Fri
<p>2 8:45 Cardio 3 9:00 Billiards 10:00 Sit n' be Fit 1:00 Quilting 6:45 Body Works @ CCC</p>	<p>3 9:00 Billiards 1:00 Pinochle 1:00 Ballroom Dance</p>	<p>4 8:45 Body Sculpting 10:00 8-Ball Pool Tournament 10:00 Dominos</p> 	<p>5 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 1:00 Pinochle 6:45 Body Works @ CCC</p>	<p>6 9:00 Billiards 10:00-12:00 Humana Reorientation Meeting</p>
<p>9 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works @ CCC</p>	<p>10 9:00 Billiards 10:30 Super Seniors- Roy Baker, Roy Baker Jr., James Evans, Musicians 1:00 Ballroom Dance</p>	<p>11 ALL SENIOR CENTERS CLOSED FOR VETERAN'S DAY</p> 	<p>12 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 1:00 Pinochle 2:30 Toenail Trimming 6:45 Body Works @ CCC</p>	<p>13 9:00 Billiards 10:00 Book Club</p>
<p>16 8:45 Cardio 3 9:00 Billiards 9:30 Trip to Rel Maples Ins. For Culinary Arts (\$12.00) 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works @ CCC</p>	<p>17 9:00 Billiards 11:00 Red Hatters Meeting 1:00 Pinochle</p>	<p>18 8:45 Body Sculpting 9:00 Billiards 10:00 Dominos</p>	<p>19 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' be Fit 1:00 Quilting 1:00 Pinochle 6:45 Body Sculpting</p>	<p>20 9:00 Billiards</p>
<p>23 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works</p>	<p>24 9:00 Billiards 1:00 Pinochle</p>	<p>25 8:45 Body Sculpting 9:00 Billiards 10:00 Dominos</p>	<p>26 ALL SENIOR CENTERS CLOSED FOR THANKS-GIVING HOLIDAYS</p>	<p>27 CLOSED FOR HOLIDAYS</p> 
<p>30 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works</p>				