


# December 2009



## CORRYTON SENIOR CENTER

*50+ Facility for Active Seniors*

Mon	Tue	Wed	Thu
	1 9:00 Billiards 1:00-2:30 Cookies and Cocoa 1:00 Pinochle 	2 8:45 Body Sculpting 9:00 Billiards 10:00 Dominos	3 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' be Fit 1:00 Quilting 1:00 Pinochle 6:45 Body Works @CCC
7 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works @ CCC	8 9:00 Billiards 10:30 Super Seniors— Christmas Variety Show 1:00 Pinochle	9 8:45 Body Sculpting 9:00 Billiards 10:00 Dominos	10 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 1:00 Pinochle 6:45 Body Work 2:30 Toenail Trimming
14 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works @ CCC	15 9:00 Billiards 11:00 Red Hatters Meeting 1:00 Pinochle	16 8:45 Body Sculpting 9:00 Billiards 10:00 Christmas Party for Dominos Players	17 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' be Fit 1:00 Quilting 1:00 Pinochle 6:45 Body Works @ CCC
21 8:45 Cardio 3 9:00 Billiards 10:00 Sit N' Be Fit 1:00 Quilting 6:45 Body Works @ CCC	22 9:00 Billiards 1:00 Pinochle	23 8:45 Body Sculpting 9:00 Billiards 10:00 Dominos	<b>24 CHRISTMAS EVE</b> <i>All senior centers closed for holidays.</i>
28 Exercise Classes will begin on Monday, January 4, 2010. 9:00 Billiards 10:00 Sit N' Be Fit	29 9:00 Billiards 1:00 Pinochle	30 9:00 Billiards 10:00 Dominos– New Years Party for Dominos Players	31 9:00 Billiards 1:00 Quilting 1:00 Pinochle

**Fri**

	4 9:00 Billiards
rk	11 9:00 Billiards 12:00-6:00 <i>Red Hatters</i> <i>Craft Fair and Bake Sale</i> (Also on Saturday, Dec. 12 from 9:00-3:00 p.m.)
	18 9:00 Billiards
	25 <b>MERRY CHRISTMAS</b> 