

EMERGENCY

EMERGENCY

BE PREPARED



American Red Cross

KEEP THIS CARD IN YOUR WALLET

THINGS TO DO AFTER A DISASTER

- Check for injuries and give first aid. Only call 9-1-1 if injuries or situation is life-threatening.
- Check for damaged utility lines. Shut off utilities at the main control valve/switch. If you detect a gas leak, open windows, evacuate and report to authorities.
- Stay out of damaged buildings & areas where damage has occurred.
- Listen to the Emergency Alert Stations on your radio/TV for emergency information.
- Call your emergency out-of-area contact and:
- Tell them how you are, where you are and where you plan to be.
- Ask if other family members have checked in and left messages
- Let them know when you plan to call back
- Limit phone calls to prevent overloading phone systems.

EMERGENCY INFORMATION

Name
Home Phone
Cell Phone
E-Mail
Home Address
Work/School Address
Meeting Place if unable to go home
Out of Area Contact
Contact Phone number
Contact Phone number
Contact Phone number

EVACUATION CHECK LIST

The types of incidents that could cause an area to be evacuated in East Tennessee will occur without warning, such as truck accidents involving chemicals, train derailments, etc.

If the situation is life-threatening, leave immediately. Do not try to gather items.

If you have time, have all these items easily accessible and ready to take with you if you have to evacuate your home. Expect to be gone several days.

- Medications
- Glasses, Hearing Aids
- Baby items if needed
- Important Papers
- Pets
- Change of clothes
- Bedding
- Emergency Supply Kit

SHELTER IN PLACE

If authorities notify you to SHELTER IN PLACE or if you smell a strong chemical odor outside and suspect a chemical leak, take the following actions:

1. Go inside.
2. Close windows and doors
3. Turn off Heat and Air Conditioners and close fireplace damper.
4. Cover nose and mouth with a wet cloth.
5. Seal windows and doors and vents.
6. Wait for instructions- Listen to local TV and radio stations for information.
7. After an "all clear" message is issued, air out your home.

FOLD

DISASTER ASSISTANCE

Red Cross 865-584-2999
www.knoxarc.org

National Red Cross
1-800-HELP-NOW
www.redcross.org

TN Baptist Disaster Relief
1-800-558-2090 ext. 2007
www.tnbaptist.org

FEMA - Federal Emergency Management Agency
1-800-621-3362
www.fema.gov

TEMA -Tennessee Emergency Management Agency
615-741-0001
www.tnema.org

KEMA - Knoxville-Knox County Emergency Management Agency
865-215-1166
www.knoxtnlepc.com

LOCAL PHONE NUMBERS

EMERGENCY	9-1-1
POLICE	
FIRE	
AMBULANCE	

MEDICAL INFORMATION

Name
Date of Birth
Blood Type
Medical Conditions
Medical Conditions
Allergies
Medications
Medications
Medications
Medications
Pharmacy
Pharmacy Phone
Physician
Physician Phone

NEXT OF KIN

Spouse
Cell Phone
Pager
Work Phone
Home Phone
Address
Other Family Members / contacts
Name
Relationship
Phone
Name
Relationship
Phone
Name
Relationship
Phone

INSURANCE INFORMATION

Health Insurance Provider
ID or Group Number
Phone
Homeowners Insurance
Policy #
Phone
Car Insurance
Policy #
Phone
BANK INFORMATION
Bank
Phone
Bank
Phone
Bank
Phone

CUT