

Thank you to all the community partners associated with Five Points Up

THIS FREE GUIDE INCLUDES:



Community Resources



Food Access Resources



Volunteer Opportunities



Community Building Tips

An online version of this guide can be found at:  
[www.knoxcounty.org/health/5points](http://www.knoxcounty.org/health/5points)



2nd Edition

COMMUNITY RESOURCE GUIDE

Resources and services available for the East Knoxville community



Created & Compiled By:



An Initiative of:



## introduction

Five Points Up and the Knox County Health Department worked together on the 2nd edition of the Five Points Community Resource Guide. The boundaries for this guide are:

- North: I-40
- South: Dandridge and Brooks Avenues
- East: Chilhowee Drive
- West: Hall of Fame Drive

This guide's goal is to inform community members and organizations about all the resources and services in East Knoxville. The guide's second goal is to make it easier for community members to use the resources and services in their area.

The guide is organized differently from the first edition. All organizations are in alphabetical order. If you want to find organizations by category, check out the index on page 42.

Compiling and updating the resource guide is a community effort. We want your input in making this guide as helpful as possible to the East Knoxville neighborhood. **If you have any suggestions on how to improve the guide, please contact the Knox County Health Department at 865-215-5170.**

This version was updated in March 2017. We plan on updating and publishing a new version of the resource guide once a year.

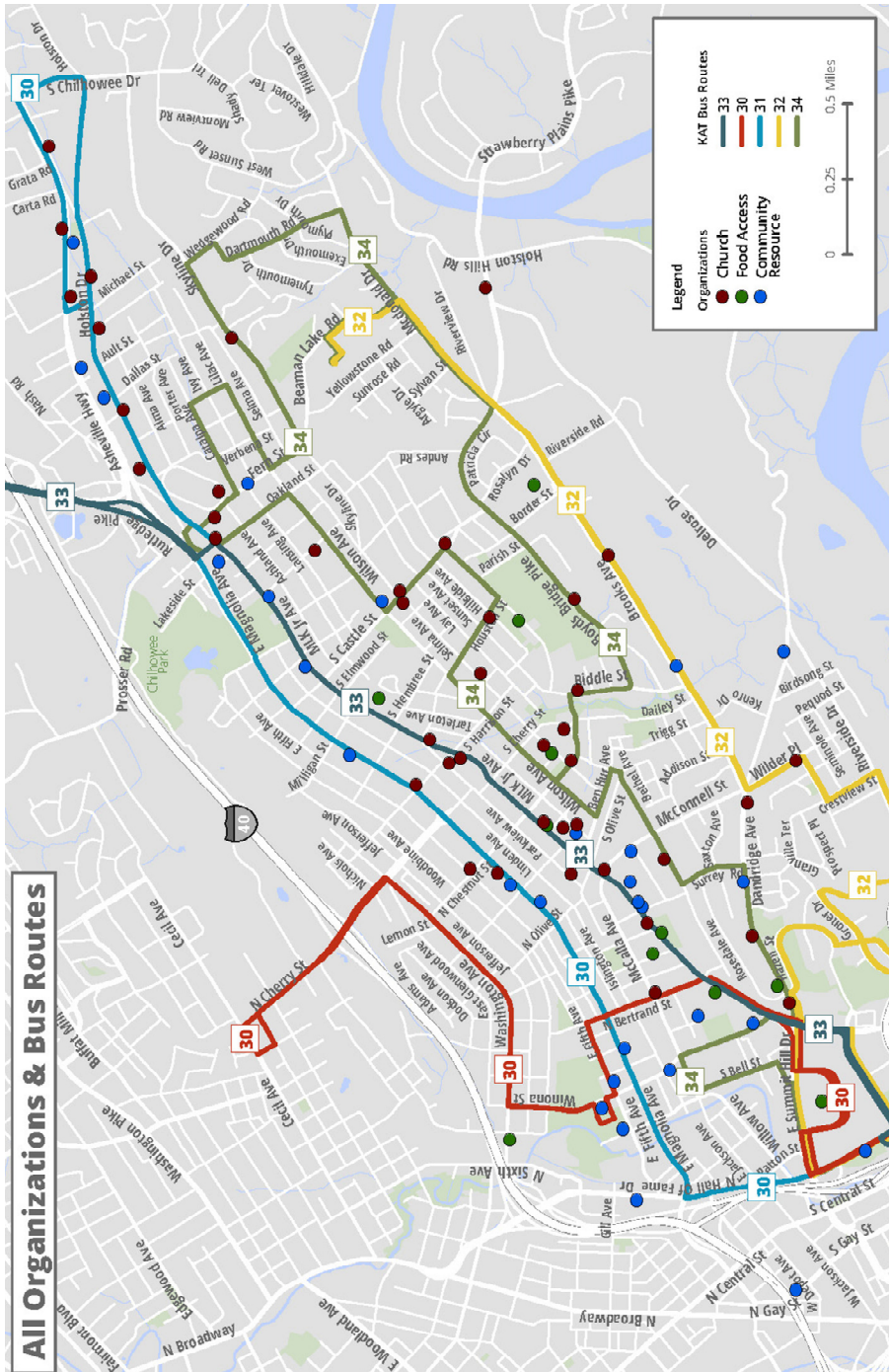
**SMOKE-FREE  
KNOXVILLE**  
smokefreeknoxville.com

**It's never too late to  
quit smoking,  
regardless of how  
long you've smoked!**



**For info or help, call 865- 215-QUIT (7848)**

# maps (continued)



# five points up

**Five Points Up** is a community-led organization consisting of individuals and leaders from East Knoxville. *Our mission is to reduce health inequities in the Five Points neighborhood by beautifying and unifying East Knoxville.*

Health inequities are unfair, avoidable and unjust health outcomes. An example of a health inequity is that black Knox County residents are more likely to have high blood pressure than white Knox County residents, according to the Knox County Health Department's 2014 Community Health Assessment. There is no real reason why more black residents should have higher blood pressure rates as compared to white residents. This is a health inequity in our community.

Five Points Up works towards its mission through community-building events and projects. These events and projects include the East Knoxville Communitywide Clean-Up, Five Points Winter Wonderland and the Five Points Community Resource Guide.

Our current focus is increasing access to healthy foods (food access) in East Knoxville. Learn more about food access on page 4.



**Let's build a healthier community together.**

Contact:

Five Points Up Chair, Tanisha Baker: [villageofknox@aol.com](mailto:villageofknox@aol.com)

Five Points Up Facilitator, Knox County Health Department: 865-215-5170



# food access

In May 2016, Five Points Up decided that their first health focus would be increasing access to healthy foods in East Knoxville and the Five Points neighborhood.

East Knoxville is categorized as a food desert by the United States Department of Agriculture. A food desert is an area that does not have access to fresh fruits, vegetables and other healthy foods.

But East Knoxville is home to several creative organizations working to increase access to healthy foods in all East Knoxville neighborhoods, including Five Points. Five Points Up's goal is to highlight these organizations in this guide. This is a first step in supporting food access in East Knoxville.

## Food Desert Solutions



### COMMUNITY

Create local solutions to get more quality food in communities



### ACCESS

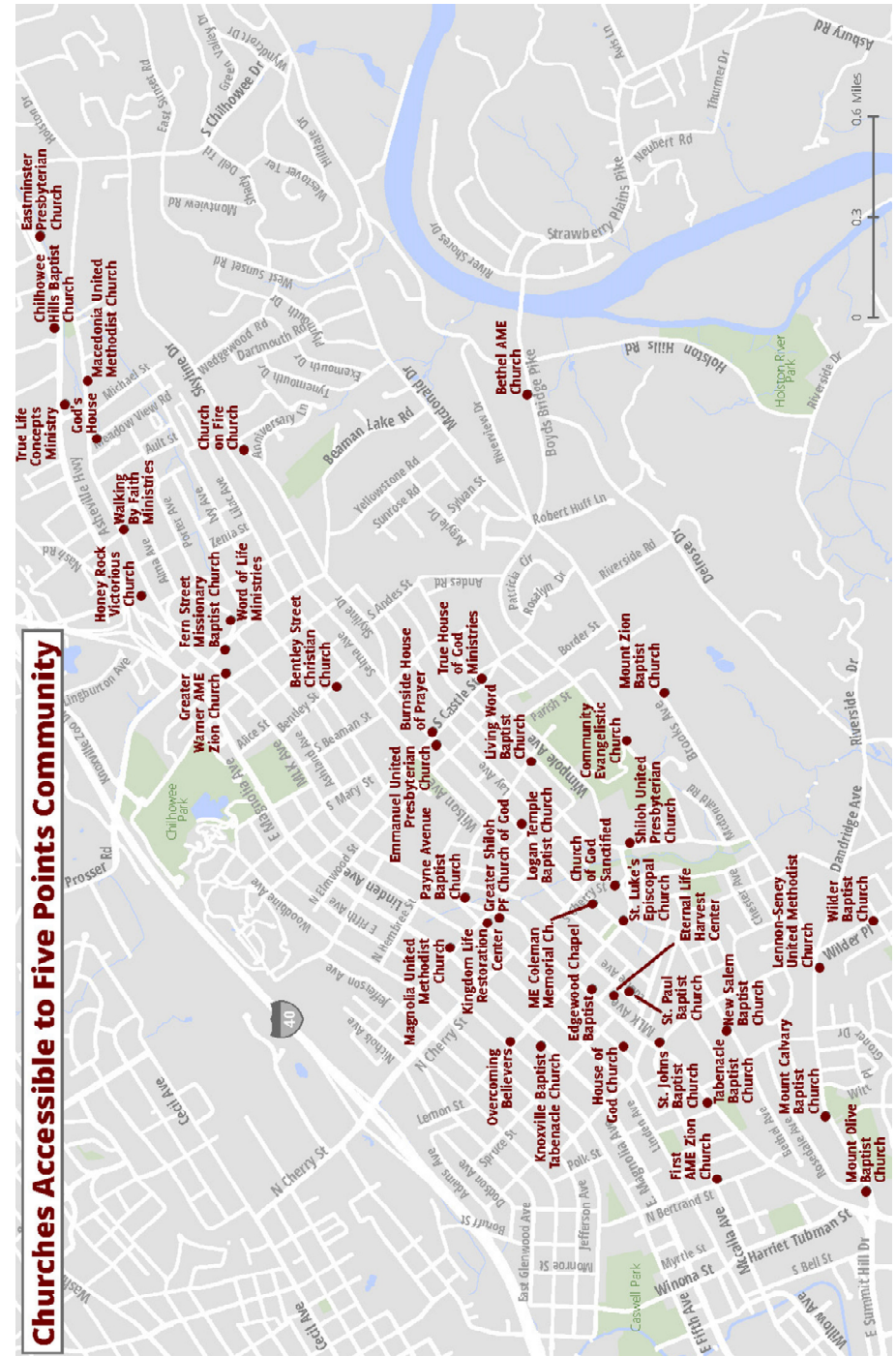
Make it easier to get quality healthy foods



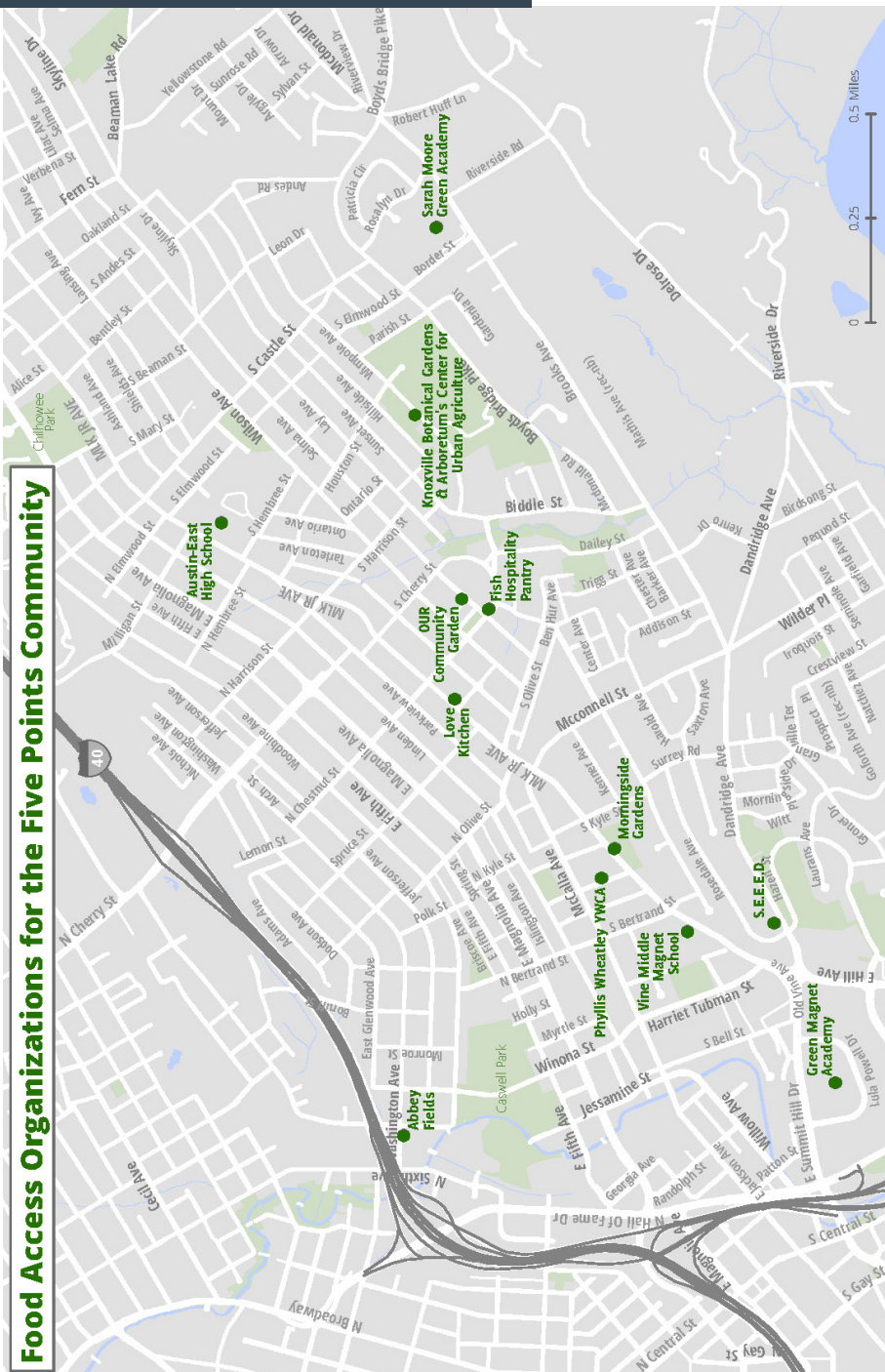
### EMPOWER

Provide people and their families the tools to make healthier food choices

Graphic's content from Dark Rye by Whole Foods Market



# maps (continued)



Graphic courtesy of the American Heart Association

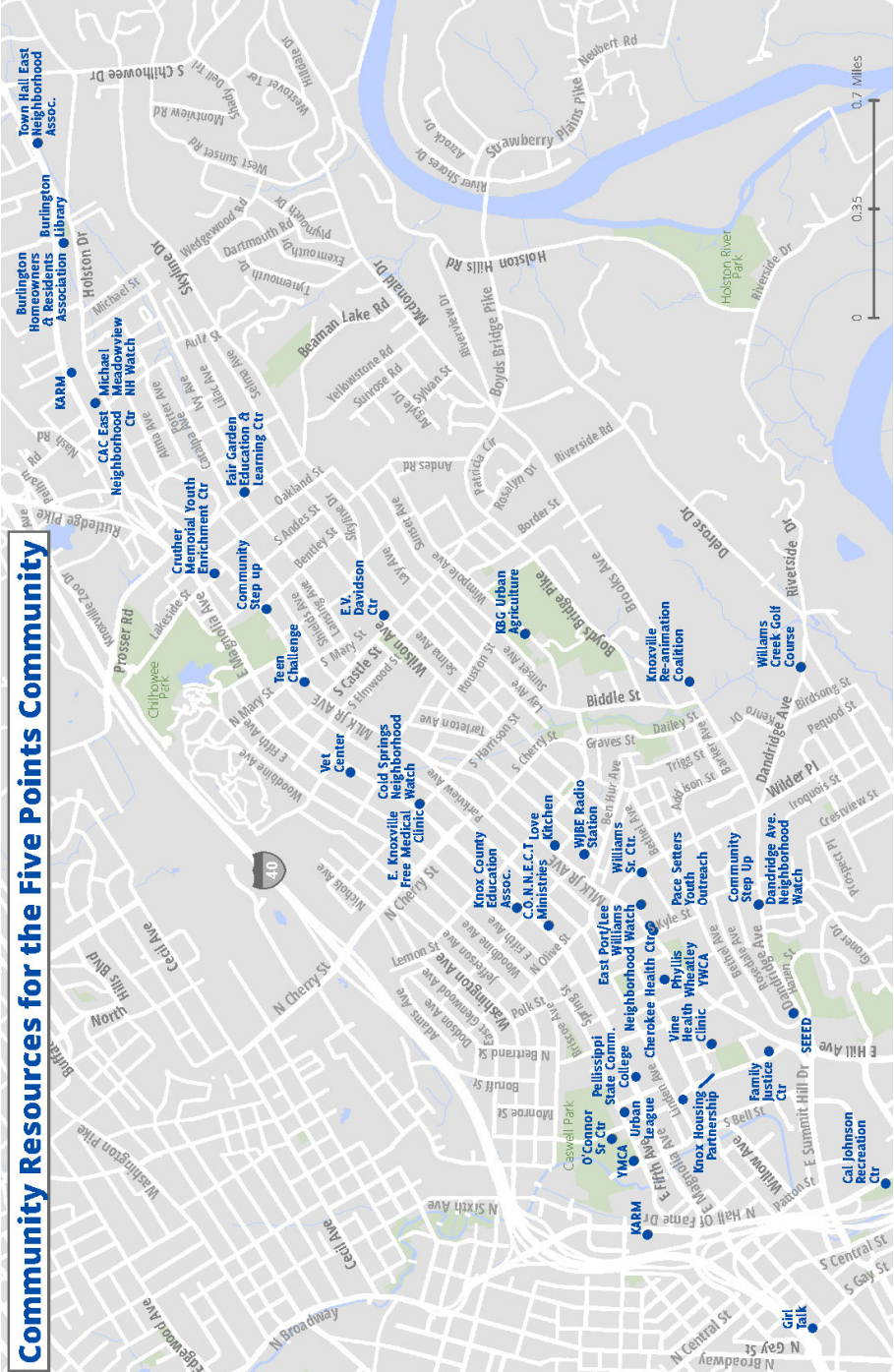
All food access organizations inside the guide have a **light green background** to make it easy for you to find them!

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A big thank you to all the organizations and churches listed in this Five Points Community Resource Guide. Without your work in the Five Points community, this guide would not be possible.



## churches (continued)

**Macedonia United Methodist Church**, 4630 Holston Dr  
phone: 865-523-6618 | [information@macadoniaunitedmethodist.com](mailto:information@macadoniaunitedmethodist.com)

**Magnolia United Methodist**, 2700 E. Magnolia Ave | phone: 865-522-3644

**Mattie E. Coleman Memorial**, 2537 Selma Ave | phone: 865-524-0681

**Mount Calvary Baptist Church**, 1807 Dandridge Ave  
phone: 865-524-1601

**Mount Olive Baptist Church**, 1601 Dandridge Ave  
phone: 865-524-1601 | [Mobc1601@mtoliveknoxville.org](mailto:Mobc1601@mtoliveknoxville.org)

**Mount Zion Baptist Church**, 2714 Brooks Rd  
phone: 865-522-2715

**New Salem Baptist Church**, 2041 Bethel Ave | phone: 865-522-4212  
[contactus@newsalembaptistchurch.org](mailto:contactus@newsalembaptistchurch.org) | [newsalembaptistchurch.org](http://newsalembaptistchurch.org)

**Overcoming Believers**, 2500 E. Fifth Ave  
phone: 865-633-9050

**Payne Avenue Baptist Church**, 2714 Martin Luther King, Jr. Ave  
phone: 865-524-7234 | [payneave@bellsouth.net](mailto:payneave@bellsouth.net) | [www.payneave.com](http://www.payneave.com)

**Shiloh United Presbyterian Church**, 904 Biddle St  
phone: 865-525-3701

**St. Johns Baptist Church**, 2250 Martin Luther King, Jr. Ave  
phone: 865-254-8873 | [www.stlukeoknoxville.org](http://www.stlukeoknoxville.org)

**St. Luke's Episcopal Church**, 600 S. Chestnut St  
phone: 865-522-4244

**St. Paul Baptist Church**, 2342 Louise Ave  
phone: 865-524-7095

**Tabernacle Baptist Church**, 2137 Martin Luther King, Jr. Ave  
phone: 865-524-2034 | [tbc@mytabernacle.com](mailto:tbc@mytabernacle.com) | [www.mytabernacle.com](http://www.mytabernacle.com)

**True House of God Ministries**, 3100 Wimpole Ave | phone: 865-522-3216

**True Life Concepts Ministry**, 4512 Asheville Hwy  
phone: 865-247-4019 | [tony@truelifeconcepts.org](mailto:tony@truelifeconcepts.org)

**Walking By Faith Ministries**, 4308 Holston Dr | phone: 865-523-1081

**Wilder Baptist Church**, 1513 Wilder Pl | phone: 865-523-1081

**Word of Life Ministries**, 3819 Speedway Circle  
phone: 865-546-5667 | [wordoflifeinc@comcast.net](mailto:wordoflifeinc@comcast.net)

*A special thank you* to these two  
resources serving the  
East Knoxville community:

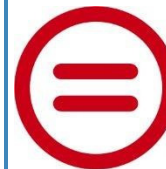
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**Big Brothers Big Sisters of East Tennessee.**, an  
organization that provides important resources for  
youth in East TN. Find out more about what they do on  
page 16!



**Big Brothers Big Sisters**  
of East Tennessee

**Knoxville Area Urban League**, an organization that  
provides vital resources and services to East  
Knoxville's neighborhoods.  
Find out more about what they do on page 30!



**Knoxville Area  
Urban League**

*Empowering Communities.  
Changing Lives.*

## community building tips

Five Points Up works towards its mission of reducing health inequities in East Knoxville through community building efforts. The ways to build community are simple—anyone can do it. Even you! Strengthening community only takes the will and intention to work alongside your neighbors and community members to build a stronger community.

You can find tips on community building throughout the guide. You'll see the below icon with tips and ideas.

Good luck on your journey to building a strong and empowered community!



## churches

**Bentley Street Christian Church**, 417 Bentley St  
phone: 865-525-0231 |  
bentleychristianchurch@yahoo.com

**Bethel AME Church**, 3811 Boyds Bridge Pk  
phone: 865-522-6396 | bethelknox@aol.com | bethelknoxame.org

**Burnside House of Prayer**, 3102 Selma Ave | phone: 865-522-2142

**Chilhowee Hill Baptist Church**, 4615 Asheville Hwy | phone: 865-522-2422

**Church of God Sanctified**, 729 S. Cherry St | phone: 865-524-4491

**Church on Fire**, 4105 Skyline Dr  
phone: 865-474-1580 | www.churchonfireknoxville.com

**Community Evangelistic**, 2650 Boyds Bridge Pk  
phone: 865-525-1589 | info@cecchurch.org | www.cecchurch.org

**Eastminister Presbyterian**, 4904 Asheville Hwy | phone: 865-522-2444

**Edgewood Chapel Baptist**, 2440 MLK Jr. Ave | phone: 865-525-2391

**Emmanuel United Presbyterian**, 3023 Selma Ave  
phone: 865-523-3011 | emmanuelpresbyterian@yahoo.com

**Eternal Life Harvest Center**, 2410 MLK, Jr. Ave  
phone: 865-971-1988 | info@eternallifeharvest.org

**Fern Street Missionary Baptist**, 122 Fern St | phone: 865-549-7002

**First AME Zion Church**, 1900 McCalla St  
phone: 865-637-6250 | firstamezion@yahoo.com

**God's House**, 107 Meadowview Rd

**Greater Shiloh PF Church of God**, 2625 MLK, Jr. Ave | phone: 865-637-4193

**Greater Warner AME Zion Church**, 3800 MLK, Jr. Ave | phone: 865-524-8040

**Honey Rock Victorious Church**, 4113 Holston Dr | phone: 865-541-6111

**House of God Church**, 2334 Parkview Ave | phone: 865-524-2855

**Kingdom Life Restoration Center**, 2650 Parkview Ave | phone: 865-851-9602

**Knoxville Baptist Tabernacle Church**, 2439 E. Magnolia Ave  
phone: 865-524-7317 | kbt@knoxvillebaptisttabernacle.com

**Lennon-Seney United Methodist Church**, 2084 Dandridge Ave  
phone: 865-524-0289 | lennon-seney.holston.org

**Living Word Baptist Church**, 819 Houston St | phone: 865-637-4880

**Logan Temple Baptist Church**, 2744 Selma Ave | phone: 865-544-7850



# neighborhoods (continued)

## LEE WILLIAMS/EASTPORT TENANTS ASSOCIATION

**Meet at:** Dr. Lee Williams Senior Center, 317 McConnell St. (enter Parking Lot B)

**Meeting days/times:** Every 3rd Monday at 2 PM

**Phone:** 865-403-1100 x1396

## MICHEAL MEADOWVIEW NEIGHBORHOOD WATCH

**Meet at:** CAC East Neighborhood Center, 4200 Asheville Hwy

**Meeting days/times:** Every 2nd Monday at 5 PM

**Phone:** 865-525-5625 | **Email:** rubyred08@comcast.net

## OUR COMMUNITY ORGANIZATION (OCO)

**Meet at:** St. Luke's Episcopal Church, 600 South Chestnut St

**Meeting days/times:** Every 1st Saturday at 10 AM

**Phone:** 865-313-4368 | **Email:** 4oco.org@gmail.com

## PARKRIDGE COMMUNITY ORGANIZATION

**Meet at:** Cansler Family YMCA, 616 Jessamine St

**Meeting days/times:** Every 1st Monday at 6:30 PM (except holidays)

**Phone:** 865-259-6289 | **Email:** dander19@utk.edu

**Website:** www.parkridgecommunity.org

## TOWN HALL EAST NEIGHBORHOOD ASSOCIATION

**Meet at:** Eastminster Fellowship Hall, 4904 Asheville Hwy

**Meeting days/times:** Every 2nd Monday at 7 PM

**Phone:** 865-640-5700 | **Email:** ss.davis@comcast.net

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## We're online!

The guide is online! Visit the online version of the guide at [www.knoxcounty.org/health/5points](http://www.knoxcounty.org/health/5points)

The next section of the guide includes detailed information on the organizations serving the Five Points community. The information includes a list of each organization’s “Programs/Services” to give you a quick summary of what each organization offers. Below is a list of the different categories throughout the guide and what each means. **If you would like to find the organizations that provide a specific program or service, a list of organizations by category is provided at the end of this guide on page 42.**

**PROGRAMS/SERVICES CATEGORIES:**

- **Education:** All types of educational services, such as formal education and tutoring programs.
- **Ex-Offender Programs:** Resources for individuals who have been in prison or jail.
- **Food Access:** Resources for fresh and healthy foods, including fruits and vegetables. This is Five Points Up’s current priority. See [page 4](#) for more information.
- **Historical Organizations:** Provide historical education and resources.
- **Housing:** Provide resources for individuals and families to obtain and keep their housing.
- **Media:** Share the community’s stories and provide information.
- **Medical/Health Care:** Provide medical and health care.
- **Meeting/Event Space:** Provide meeting & event space for community members and other organizations.
- **Recreation:** Provide recreation and play opportunities for adults and youth.
- **Senior Services:** Provide resources and services for senior residents.
- **Transit:** Provide transportation services for residents.
- **Workforce Development:** Provide services (like trainings and educational opportunities) for community members seeking employment.
- **Veterans Services:** Provide services for veterans.
- **Volunteer Opportunities:** Organizations that accept and seek volunteers.
- **Youth Programs:** Programming specifically for young people. Includes after-school programs and summer camps.

**CITY OF KNOXVILLE’S OFFICE OF NEIGHBORHOODS**

**ADDRESS:** City-County Building, Room 528  
 400 Main Street, Knoxville, TN 37902  
**PHONE:** 865-215-2886 | **EMAIL:** dmassey@knoxvilletn.gov  
**WEBSITE:** [www.knoxvilletn.gov/government/city\\_departments\\_offices/neighborhoods/](http://www.knoxvilletn.gov/government/city_departments_offices/neighborhoods/)

**BURLINGTON RESIDENTS ASSOCIATION**

**Meet at:** Burlington Branch Library, 4614 Asheville Hwy  
**Meeting days/times:** Every 2nd Thursday at 6 PM  
**Phone:** 865-524-7094 | **Email:** ccfp@comcast.net

**CHILHOWEE PARK NEIGHBORHOOD ASSOCIATION**

**Meet at:** Chilhowee Park Administrative Offices, 3301 Magnolia Ave  
**Meeting days/times:** Every last Tuesday at 6:30 PM  
**Phone:** 865-524-7094 | **Email:** ruffstuff58@gmail.com  
**Website:** [www.chilhoweeparkneighborhood.com](http://www.chilhoweeparkneighborhood.com)

**COLD SPRINGS NEIGHBORHOOD WATCH**

**Meet at:** CAC East Neighborhood Center, 4200 Asheville Hwy  
**Meeting days/times:** Every 2nd Monday at 5 PM  
**Phone:** 865-525-4833 | **Email:** coldspringsnw@gmail.com

**DANDRIDGE AVENUE NEIGHBORHOOD WATCH**

**Meet at:** Beck Cultural Exchange Center, 1927 Dandridge Ave  
**Meeting days/times:** Every 1st Tuesday at 4:30 PM  
**Phone:** 865-661-3231 | **Email:** abourne@knoxvilletn.gov

**EASTPORT/LEE WILLIAMS NEIGHBORHOOD WATCH**

**Meet at:** Dr. Lee Williams Senior Center, 317 McConnell St (enter Parking Lot B)  
**Meeting days/times:** Every 3rd Wednesday at 1 PM  
**Phone:** 865-206-3433 | **Email:** sylviacook5901@comcast.net

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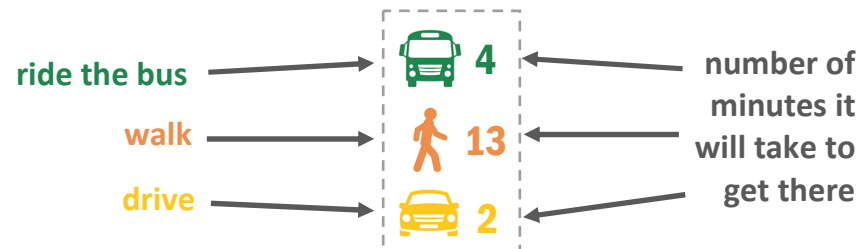
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## How long will it take to get there?

Every organization is listed with the time it will take you to get there from the heart of Five Points, the Boys & Girls Club at Walter P. Taylor Homes (317 McConnell Street).

The number of minutes it will take to get to each organization by bus, walking or driving is listed in boxes like the one below.



## Looking for public transportation?

**Knoxville Area Transit**, also called **KAT**, is an affordable way for everyone to get around the City of Knoxville through public transit.

**For more information:** call 865-637-3000 or visit [www.katbus.com](http://www.katbus.com)

**Base fare:** \$1.50 *Reduced fares available for those eligible.*

All KAT buses are equipped with easy-to-use bike racks and provide lift accessibility. Learn more about KAT on **PAGE 30** of this guide.

The **Community Action Committee (CAC)** also provides transportation for some community members. Find out more by calling 865-546-5125 or visiting [www.knoxcac.org](http://www.knoxcac.org). More information about CAC is listed in this guide on **PAGE 23**.

## Looking for a volunteer opportunity?

Organizations in Five Points are looking for volunteers like you! Organizations in need of volunteers are listed in this guide with the "Volunteer Here!" symbol.

You can find a complete list of all organizations looking for volunteers at the end of this guide, on **page 45**.





# contact list

## MEDICAL EMERGENCY & DISASTER ASSISTANCE

<b>Emergency (Voice &amp; TTY)</b> .....	<b>911</b>
<i>Emergency assistance 24 hours a day</i>	
<b>Knoxville Fire Department—non-emergency</b> .....	215-4010
<b>Knox County Sheriff's Office</b>	
<i>Non-emergency</i> .....	215-2444
<i>General information</i> .....	215-2243
<b>Knoxville Police Department</b>	
<i>Non-emergency</i> .....	215-7268
<i>General information</i> .....	215-7000
<b>Tennessee Poison Center</b> .....	1-800-222-1222
<i>Emergency &amp; non-emergency information available 24 hours a day</i>	
<b>Knoxville Volunteer Emergency Rescue Squad</b> (medically trained emergency personnel)	
<i>Emergency</i> .....	546-4821
<i>Non-emergency</i> .....	546-4824
<b>American Red Cross</b> .....	584-2999
<i>Disaster relief</i>	

## CRISIS ASSISTANCE

<b>Contact Care Line</b> .....	584-4424
<i>Crisis help line available 8am-11pm, 365 days a year</i>	
<b>Suicide Prevention Lifeline</b> .....	1-800-273-8255
<i>24/7 free and confidential distress, prevention and crisis resources</i>	
<b>Family Crisis Center</b> .....	637-8000
<i>24 hour crisis line for family violence</i>	
<b>Family Violence Help Line</b> .....	521-6336
<i>24 hour hotline for family violence</i>	
<b>Sexual Assault Center of East TN</b> .....	522-7273
<i>24 hour crisis line for sexual assault and abuse</i>	
<b>Serenity Shelter</b> .....	971-4673
<i>24 hour crisis line for family violence</i>	

## OTHER SERVICES

<b>Bridge Refugee Services</b> .....	540-1311
<i>Provides protection and assistance to refugees in the Knoxville area</i>	
<b>TN Human Rights Commission</b> ... <a href="http://www.tn.gov/humanrights">www.tn.gov/humanrights</a> or 1-800-251-3589	
<i>Handles discrimination complaints for the state of Tennessee</i>	
<b>National Do Not Call Register</b> .....	1-888-382-1222
<i>Gives you a choice about whether to receive telemarketing calls at home</i>	
<b>Opt Out</b> ..... <a href="http://www.optoutprescreen.com">www.optoutprescreen.com</a> or 1-888-567-8688	
<i>Removes you from unwanted mail and telemarketing calls</i>	
<b>Volunteer Income Tax Assistance</b> .....	1-800-829-1040

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## ALCOHOL & DRUG SERVICES

Al-Anon .....	www.knox-al-anon.org or 525-9040
<i>A program of recovery for the families and friends of alcoholics</i>	
Alcoholics Anonymous (AA) .....	www.etiaa.org or 974-9888
<i>24 hour hotline and information regarding meetings</i>	
Narcotics Anonymous .....	www.knoxvillena.org or 866-617-1710
<i>24 hour help line and information on local meetings</i>	
Metropolitan Drug Commission .....	www.metrodrug.org or 588-5550
<i>Information and referrals about alcohol and drug abuse</i>	
Tennessee Tobacco Quitline .....	www.tnquitline.org or 1-800-QUIT-NOW
<i>Support for Tennesseans who want to quit smoking or chewing tobacco</i>	
Disability Resource Center .....	637-3666
<i>Information, referrals, support and advocacy for persons with disabilities</i>	

## MEDICAL/SOCIAL SERVICES

Knox County Health Department .....	215-5000
<i>COE clinic (HIV/AIDS), CDC (TB, Hepatitis C, HIV and STIs), dental care, immunizations, birth and death certificates, WIC, Women's Health</i>	
Medicare .....	www.medicare.gov or 1-800-633-4227
SNAP (formerly called Food Stamps) .....	1-866-311-4287
TN State Health Insurance Assistance Program .....	1-877-801-0044

## MUNICIPAL SERVICES

City of Knoxville Information & Services .....	311
KAT (Knoxville Area Transit) .....	www.katbus.com or 311
<i>Service and route information for Knoxville area public transit</i>	
Knoxville Animal Control .....	215-8639
<i>Call for stray animal pick up</i>	
KUB .....	524-2911
<i>Call to report utility/power outage</i>	
US Postal Service—Burlington Post Office .....	525-1901
<i>Open Monday-Friday 9am-5pm and Saturday 9am-12pm</i>	
County Clerk for Knox County .....	215-2385
<i>Renew a Driver's License and vehicle tags, obtain a marriage license</i>	

## ELECTED OFFICIALS

City Council Representative: Daniel T. Brown, 6th District .....	637-7553
<i>Or email at dbrown@knoxville.tn.gov</i>	
County Commission Representative: Evelyn Gill, 1st District .....	215-2534
<i>Or email at evelyn.gill@knoxcounty.org</i>	
TN State Representative: Rick Staples, 15th District .....	615-741-0768
<i>Or email at rep.rick.staples@capitol.tn.gov</i>	

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# community resources

## 100 Black Men of Greater Knoxville

**Programs/Services:** Youth programs

**President:** Eston Williams | **Vice President:** Rick Staples

**Mailing Address:** P.O. Box 333, Knoxville, TN 37901

**Phone:** 865-406-5412 | **Website:** www.100bmok.org

100 Black Men’s purpose is to empower African American and other minority youth to reach their full potential, through resources that foster and enhance achievement in education, community and economic development.

To accomplish this objective, 100 Black Men partner with schools and community organizations doing similar work.

- Ensuring each mentee receives a quality educational experience that prepares him for success in life.
- Assist mentees’ parents with their efforts to encourage youth to pursue academic excellence.
- Provide mentees open and confidential forums in which to express concerns and ideas about their educational experiences, goals, challenges and opportunities.
- Award scholarships to mentees and other local graduating high school seniors.



VOLUNTEER  
HERE!

## Abbey Fields Farm

**Programs/Services:** Food access

**Address:** 1400 Washington Ave, Knoxville, TN 37917

**Website:** www.abbey-fields.com

Knoxville’s Neighborhood Farm. Abbey Fields Farm’s hope is to bring vacant corners in all neighborhoods to light. By creating a gathering place where neighbors can celebrate, feasting on the bounty of our land and labor, Abbey Fields wants to bring about the healing of broken ground and wounded communities.

- Offer community supported agriculture (CSA) with 30 weeks of fresh and seasonal produce from the farm to your table, from May through November. Sign up at <http://abbey-fields.com/sign-up>
- **They accept SNAP for farm stand and CSA purchases!**



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## Austin-East Magnet High School

**Programs/Services:** Education, Food access

**Address:** 2800 Martin Luther King Jr Ave, Knoxville, TN, 37914

**Phone:** 865-594-3792

**Website:** www.knoxschools.org/austineastmhs

Austin-East Magnet High School was founded in 1968 with the merger of Knoxville East and Austin High Schools. In 1997, Austin-East was designated as Knox County's only Performing Arts Magnet High School, offering continuous quality dance, musical, audio production, advanced art and theater programs for all residents of Knox County.

In 2008, Austin-East adopted the "school-within-a-school" model of organization with the development of Small Learning Communities. Austin-East is the home to three academic learning communities:

- FOCUS: a freshman academy for ninth-graders
- Discovery: for students in 10-12th grade who pursue courses in career and technical fields
- IMPACT: performing arts magnet program

Austin-East is a Project GRAD Knoxville school.

**Austin-East provides free breakfast and lunch to all its students.**



## Beck Cultural Exchange Center

**Programs/Services:** Historical Organizations, Meeting/event space, Recreation

**Address:** 1927 Dandridge Ave, Knoxville, TN 37915

**Phone:** 865-524-8641 | **Email:** beckcenter@beckcenter.net

**Website:** www.beckcenter.net

Beck is the place where "African American History is preserved." This teaching and learning museum has a full research center, extensive library and countless African American historical artifacts.

The Beck House serves as a community meeting space and is a popular special event venue. They host weddings, receptions, retirement, graduation and birthday parties, class and family reunions, social gatherings and more!



## Big Brothers Big Sisters of East Tennessee

**Programs/Services:** Youth programs

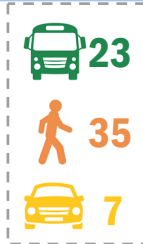
**Address:** 318 N. Gay Street, #100, Knoxville, TN 37917

**Phone:** 865-523-2179 | **Email:** vgwinn@tennesseebig.org

**Website:** <http://www.tennesseebig.org/>



Big Brothers Big Sisters (BBBS) makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). They then provide the training, resources and support necessary for those matches to succeed in their programs.



Programs include:

- Site-based: Bigs meet with their Littles at school.
- Community-based: This is the traditional match in which adult mentors are paired with children ages 6-16 with the commitment to see each other 2-4 times per month for a couple hours.
- Mentor 2.0: This program focuses on college readiness and success for high school students, particularly those who will be first-generation college students. Communication happens through weekly writing activities via email. Mentors and mentees also meet in-person 8 times per year at BBBS-sponsored activities.
- Bigs in Blue: Bigs In Blue is a one-to-one mentoring program that connects youth with police to build strong, trusting, lasting relationships. These relationships help build stronger bonds between law enforcement and the families they serve.



PICK UP LITTER AND RECYCLE!

## Williams Creek Golf Course & The First Tee of Greater Knoxville

**Programs/Services:** Recreation, Youth programs

**Address:** 2315 Dandridge Ave, Knoxville, TN 37915

**Phone:** 865-546-5828 | **Website:** [www.williamscreekgolfcourse.com](http://www.williamscreekgolfcourse.com)

The First Tee Learning Center uses golf and education to help participants develop positive skills for continuation of their education and employment. Programs available year-round.

To register contact Shawn Mauer by calling 865-672-8584 x200 or email [smauer@thefirstteegreaterknoxville.org](mailto:smauer@thefirstteegreaterknoxville.org).



## WJBE Radio Station

**Programs/Services:** Media

**Address:** 2340 Martin Luther King, Jr. Ave, Knoxville, TN 37915

**Phone:** 865-247-6928 | **Website:** [www.jammin997.com](http://www.jammin997.com)

WJBE believes in giving back to Knoxville. They host community events throughout the year benefiting local charity groups.

Email [info@wjbe.org](mailto:info@wjbe.org) to post an event to the WJBE community calendar.



## Vine Middle Magnet School

**Programs/Services:** Education, Food access

**Address:** 1807 Martin Luther King Jr Ave, Knoxville, TN 37915

Vine Middle Magnet School is Knox County Schools' only middle school magnet program and affords students the opportunity to experience the middle school curriculum through the lens of science, technology, engineering, arts and math (STEAM).



This focus challenges students to become innovators and collaborators who are preparing for 21st Century careers.

This focus challenges students to become innovators and collaborators who are preparing for 21st Century careers.

Vine is renowned for its performing and visual arts department and offers students unique courses of study in Modern and West African Dance, as well as West African Drums.

Vine Middle School is also a part of the Community Schools initiative.

**Vine provides free breakfast and lunch to all its students.**

## Vine School Health Center

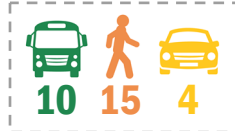
**Programs/Services:** Medical/health care

**Address:** 220 Langland St, Knoxville, TN 37915

**Phone:** 865-594-5078 | **Email:** vineshc@utk.edu

**Website:** www.knoxschools.org/Page/5915

Providing medical and mental health care services for Knox County students.



Open by appointment from 8 am to 4:30 pm and according to the Knox County Schools schedule, also open during KCS in-service days and all summer.

Accept all insurances including TennCare and have a sliding scale for self-pay.



## Boy Scouts of America

### Great Smoky Mountain Council – Chehote District

**Programs/Services:** Recreation, Youth programs



**Phone:** 865-566-0644 | **Email:** Anthony.Ingram@scouting.org

**To Receive District Information:** Text BSA11 to 51660

**Website:** www.bsa-gsmc.org or www.FamilyScoutingFun.com

Scouting is a year-round program so youth can join anytime. The Boys Scouts of America runs many different programs:

- **CUB SCOUTS** – boys in grades 1-5. It's all about having a great time with your friends, going on adventures and learning new things. Cub Scouts are able to earn patches for their activities.
- **BOY SCOUTS** – boys ages 11-18. Become a leader in a fun and exciting way. Earn badges, explore the outdoors, learn some cool (high-tech) skills. If you stick with it, you could become an Eagle Scout.
- **VENTURERS** – young men and women ages 14-20. Gain leadership skills, personal growth and community service while having adventures with your friends.
- **CAREER EXPLORING** – young men and women ages 12-20. Connect with mentors and resources to help you decide what you would like to do in your future.
- **STEM SCOUTS** – boys and girls in grades 3-12. Enjoy science, technology, engineering and math while having fun with your friends.

## Boys and Girls Club of America

**Programs/Services:** Youth programs

**Address:** 317 McConnell Ave, Knoxville, TN 37915

**Phone:** 865-594-8784 | **Email:** info@bgctnv.org

**Website:** www.walterp.bgctnv.org

Afterschool care, recreation and youth development for anyone ages 5-17 in kindergarten through 12th grade.



## Burlington Branch Library

**Programs/Services:** Meeting/event space, Recreation, Youth programs

**Address:** 4614 Asheville Hwy, Knoxville, TN 37914

**Phone:** 865-525-5431

**Website:** [knoxlib.org/about/hours-and-locations/burlington-branch-library](http://knoxlib.org/about/hours-and-locations/burlington-branch-library)



### HOURS:

Monday: 10:30am–8:00pm

Tuesday: 10:30am–5:00pm

Wednesday: 10:30am–5:00pm

Thursday: 10:30am–8:00pm

Friday: 1:00pm–5:00pm

Saturday: 1:00pm–5:00pm

### MEETING ROOM FOR NON-PROFITS:

Capacity: 85 | Tables: 20 | Chairs: 85

Equipment: Projection screen, lectern/podium, microphone, audio system, dry-erase board, AV cart, projector, refrigerator, sink, microwave oven and coffee urn

### CLUBS:

**Crochet:** all ages

2nd Tuesday: 10:30am–12:00pm

**Preschool Storytime:** 3-5 years old

Wednesdays 10:30am

**LEGO:** for ages 4-11

1st Friday: 3:30–4:30pm

4th Monday: 6:00–7:45pm

**Robotics @ the Library:** for teens, 12-18

Last Thursday: 5:00–6:00pm

**Just Add Color:** adults, coloring books and more

4th Monday: 5:30–8:00pm

**Coffee, Donuts & a Movie:** PG

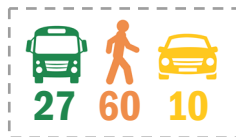
2nd Monday: 10:30am

**Family Movie Night:**

2nd Monday: 5:30pm

**Game Night:** for families

3rd Thursday: 5:30–8:00pm



*The library also provides computer access!*



## Teen Challenge

**Programs/Services:** Medical/health care

**Address:** 3127 Martin Luther King, Jr. Ave, Knoxville, TN 37914

**Phone:** 865-546-8933 | **Email:** [teenchallenge@live.com](mailto:teenchallenge@live.com)

**Website:** [womenstc.com](http://womenstc.com)

A 12-month residential drug addiction treatment center for young women, providing a chance to develop a strong work ethic while learning new skills and the importance of teamwork and a good attitude.



## UUNIK Academy

**Programs/Services:** Education, Youth programs

**Website:** [uunikacademy.org](http://uunikacademy.org) | **Phone:** 865-384-4475

**Email:** [uunik.academy@gmail.com](mailto:uunik.academy@gmail.com)

UUNIK ('unique') Academy, founded in September 2003, meets every Saturday from 9am-1pm. Youth participants, ages 10-17, have activities on academics, leadership and life skill enrichment. UUNIK provides transportation as well as meals for youth.

UUNIK has a rites of passage program that is dedicated to transforming African-American youth into respectful and respectable African-American adults.



## Village of Knox

**Programs/Services:** Media

**Website:** [www.thevillageofknox.com](http://www.thevillageofknox.com) | **Email:** [villageofknox@aol.com](mailto:villageofknox@aol.com)

The Village of Knox has a calendar of events open to the Knoxville community. Find the events under the calendar tab on the website.

The Village is always looking for new "villagers" committed to being a positive presence and influence in your community. Sign up to become a "Villager" under the "Villagers" tab on the website.

**Find Support Services:** The Village has organized several services that can make your day a little easier in the website's "Information" tab.

**Find Volunteer Opportunities:** Several volunteer opportunities in the East Knoxville area can be found under the "Serve the Village" tab.

## Socially Equal Energy Efficient Development (S.E.E.E.D.)

**Programs/Services:** Food access, Workforce development

**Address:** 1617 Dandridge Ave, Knoxville, TN 37915

**Phone:** 865-936-2623 | **Email:** seeedknox@gmail.com

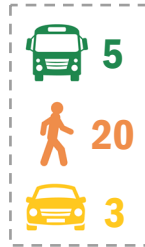
**Website:** seeedknox.org



**Youth Development:** SEEED's career readiness program offers training in resume writing, goal setting, cover letters, job applications and other life and job skills to adults aged 16 -28.

**Food Access:** SEEED students manage a community garden that has 52 fruit trees, an edible forest and 6 raised garden beds.

**Volunteer Opportunities:** Opportunities include teaching a career readiness class, working in the community garden, event planning, graphic design, video editing, grant writing and other. To apply to be a volunteer go to [www.seeedknox.com](http://www.seeedknox.com) and press the volunteer tab.



## Summer Food Service Program (SFSP)

**Programs/Services:** Food access

**Website:** <http://www.tennessee.gov/humanservices/article/css-summer-food-service-program>

The Summer Food Service Program is a federal program to ensure that needy children 18 years or younger could receive the same high quality meals provided during the school year by the National School Lunch and Breakfast Programs. The SFSP can begin when school closes in the spring and can continue until school opens for the fall term.

Find a map of locations participating here: <https://www.fns.usda.gov/summerfoodrocks>. This site is updated around April/May with the upcoming summer schedule.



## Cal Johnson Recreation Center

**Programs/Services:** Meeting/event space, Recreation, Youth programs

**Address:** 597 Hall of Fame Dr, Knoxville, TN 37917

**Phone:** 865-522-3177

**Website:** [www.cityofknoxville.org/recreation/centers/caljohnson.asp](http://www.cityofknoxville.org/recreation/centers/caljohnson.asp)

**Recreation:** Weight room, gym, indoor and outdoor basketball courts and playground.

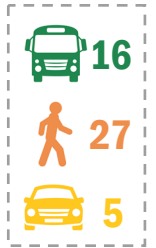
**After school program:** free of charge to Knoxville city residents, for children ages 6-12, Monday–Friday, 3pm–5:30pm

**Summer Playground Program:** activities & field trips for ages 6-12

**Teen SOAR Summer program:** for ages 13-15

**Safe Haven Gym:** Basketball camp for Knoxville teens Tuesday & Thursday 6-9pm.

**Meeting & Event facilities:** for up to 100 people; available Monday–Sunday (8am-10pm); includes gym, rec room, kitchen with fridge & microwave, 6 tables and 18 chairs.





## Cansler Family YMCA

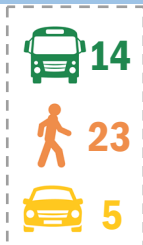
**Programs/Services:** Meeting/event space, Recreation, Senior services, Youth programs

**Phone:** 865-637-9622 | **Website:** www.ymcaknoxville.org

**Address:** 616 Jessamine St, Knoxville, TN, 37917—free parking available!

Membership and nearly all of our services are provided at **costs on a sliding scale** to ensure every individual has access to the essentials needed to learn, grow and thrive.

**HOURS:** Monday – Friday: 5:30am to 9:00pm  
Weekends: Sat.: 8:00am to 6:00pm &  
Sun.: 1:00pm to 5:00pm



### Recreation Facilities:

- Gymnasium and indoor pool with beach entry
- Swim Lessons—group and individual lessons for adults and children
- Free weights and hoist strength machines
- Bicycles, computerized treadmills, rowing machines, crosstrainers
- Group fitness classes including yoga, pilates, weightlifting and water exercise; personal training and fitness testing lab
- Basketball, volleyball and dodgeball
- Locker rooms for men and women
- Lifeguard certification, CPR/AED and emergency oxygen classes

### Services for Active Older Adults:

- **Silver Sneakers** - strength and conditioning exercises that are easy on the joints. This class is open to people with all fitness levels.
- **Makin' Waves** - Appropriate for all fitness levels, this class incorporates fun and fellowship while exercising your heart and working on your balance, flexibility and coordination.

### Chronic Disease Management Programs:

- **Diabetes Exercise Program** – a 12 week fitness program to help those with type 2 diabetes who want a healthier lifestyle.
- **Diabetes Prevention Program** – a 16 week program to learn about lifestyle changes and type 2 diabetes prevention to keep you healthy.
- **LIVESTRONG at the YMCA** – Helps adult cancer survivors with their health and well-being after a cancer diagnosis in a supportive environment.
- **Pedaling for Parkinson's** – group exercise series to help those diagnosed with Parkinson's manage their symptoms.

## Project GRAD Knoxville

**Programs/Services:** Education, Youth programs

**Address:** 1100 Marion St, Suite 100 , Knoxville, TN 37921

**Phone:** 865-525-4030

**Website:** http://www.projectgradknoxville.org/

Project GRAD is a national education program that focuses on academic and professional success for students and young people.

Project GRAD Knoxville works in partnership with Knox County Schools and the communities they serve to create generational change through education. The organization works with students from kindergarten through post-secondary education.

Project GRAD Knoxville's has 3 main programs:

- **Student and Family Support (SFS):** This program provides direct support services to students and their families. The mission of SFS is to connect resources with needs. SFS focuses on 4 areas: 1) Personal/social support, 2) Parent/community engagement, 3) Academic wraparound support and 4) College/career awareness.
- **College and Career Access (CCA):** This program supports students from elementary school through high school. It provides students academic assistance and opportunities to explore college and post-secondary school options.
- **College and Career Success (CCS):** This program provides resources for students who transition into college and beyond. The program provides financial aid opportunities and academic assistance.

## Sarah Moore Greene Magnet Academy

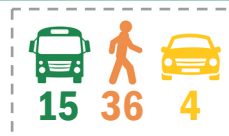
**Programs/Services:** Education, Food access

**Address:** 3001 Brooks Ave, Knoxville, TN, 37915

**Phone:** 865-594-1328

**Website:** http://www.knoxschools.org/greenema

Sarah Moore Greene Magnet Academy (SMG) is an elementary magnet school. The magnet program's focus is Communications and Media. The magnet program features a video production lab, an iPad lab and a newly renovated computer lab. SMG is also part of the Community Schools initiative.



**SMG provides free breakfast and lunch to all its students.**

## Phyllis Wheatley YWCA

**Programs/Services:** Food access, Housing, Meeting/event space, Recreation, Senior services, Youth programs

**Address:** 124 S. Cruze St, Knoxville, TN 37915

**Phone:** 865-546-0651 | **Website:** www.ywcaknox.com

**After-School Enrichment Program (ASEP)** for middle school students at no cost, from 3:30pm – 6:30pm during the school year. Many ASEP students also attend Summer Kids in Play (SKIP) extending their learning into the summer. SKIP is offered in the Summer Monday-Friday 7:30am – 5:30pm. Call in April to sign up for SKIP.

**Planting Seeds of Hope Community Garden** is home to a variety of seasonal vegetables, fruit trees and herbs.

Staff use food from the garden to teach families how to cook nutritious meals for \$1.50 per serving or less. Families are also able to take excess meals home for future meals or to feed family members. Youth partner with Abbey Fields Farm to maintain the garden and harvest crops. The garden is open to the clients and their families and community neighbors.

**Facility rentals:** Several spaces available for community rentals including a ballroom, gymnasium and group meeting room. Rates range from \$15 to \$75, depending on the length of the event.

**Keys of Hope** houses women 18 years or older meeting eligibility requirements. Residents must be employed or have some form of verifiable income to qualify. Applicants must have the ability to pay program fees of \$60/week. Applications can be picked up and returned at the YWCA Knoxville at 420 West Clinch Ave.

Free **Senior Network** program provides fellowship, healthy lunch, aerobic exercises, brain-stimulation games and dynamic community speakers on the 2nd & 4th Wednesdays of the month, from Sept-May from 11am - 1pm. Contact us at 865-546-0651 to join.



## Cansler Family YMCA (continued)

### Child & Youth Services:

- **Child Watch** for children ages 6 weeks–8 years old
- **Youth Game Room** for children ages 8-12 years old
- **After School Child Care** - Available at multiple schools, including Green Magnet Academy and Sarah Moore Greene Elementary
- **Summer Day Camp**

### Facility Rentals (available for one-time events or regular meetings):

- **Community Room** - our large meeting space, capable of holding 150-200 people. Folding tables and chairs are available, as well as access to a kitchen with refrigerator, microwave and sink.
- **Gymnasium** - Perfect for team practices, scrimmages or drill work. This space can also be used for parties and events if food and beverage are not served.
- **Aerobics Studios** - Great to use for training and other exercise events. Sound equipment may be available.
- **Pool Parties** - The indoor pool is available for parties. have a beach entry pool, perfect fun for all ages, allowing up to 20 swimmers per party.



## Center for Urban Agriculture at the Knoxville Botanical Garden & Arboretum

**Programs/Services:** Food access, Recreation

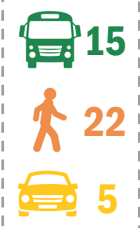
**Address:** 2649 Boyd's Bridge Pk, Knoxville, TN 37914

**Phone:** 865-862-8717

**Hours:** Sunrise to Sunset, 365 Days a Year and **Admission is Free!**

**Plot Rental:** Only \$30/year for one 4' x 12' plot  
Includes free access to CUA educational programs, seeds, plants and water access – **we accept SNAP!**

**Volunteering:** CUA is always looking for volunteers to help maintain its urban farm through a work-share program, where volunteers can bring fresh produce home after helping in the garden. Volunteer opportunities for educational programs and events are also available. Email [cua@knoxgarden.org](mailto:cua@knoxgarden.org) to get started.





## Cherokee Health Systems (East Knox Location)

Programs/Services: Medical/Health care

Address: 2202 Martin Luther King, Jr. Ave, Knoxville, TN 37915

Phone: 865-522-6097 | Website: [www.cherokeehealth.com](http://www.cherokeehealth.com)

Hours: Monday-Friday, 8 AM–5 PM

Individuals do not need to have a Social Security card in order to be seen for primary or behavioral health services.

- Accept most insurance and TennCare plans.
- Also accept individuals with no insurance.
- Offer sliding scale payments for discounted services.

Two programs offer help for those without insurance:

- **Indigent care:** \$5 for each doctor's visit
- **Cover RX Tennessee:** An income-based program covering prescriptions (\$3 for each prescription up to 5 medications; after 5 medications, the patient receives a discounted rate).

Cherokee Health Systems has providers on call 24 hours a day for emergencies. Call 1-866-231-4477 to schedule an appointment.



## Pellissippi State Community College Magnolia Avenue Campus

Programs/Services: Education, Workforce development

Address: 1610 E. Magnolia Ave, Knoxville, TN 37917

Phone: 865-329-3100 | Website: [www.pstcc.edu](http://www.pstcc.edu)

Earn an associates degree of art, science, nursing, teaching or early childhood education from the PSCC Magnolia Campus -- see what other degrees are offered at [www.pstcc.edu/magnolia/degrees.php](http://www.pstcc.edu/magnolia/degrees.php).

Apply online @ [www.pstcc.edu](http://www.pstcc.edu)

The **Small Business Development Center** offers start-up assistance to small businesses as well as assistance to existing businesses, including business growth planning, government contracting guidance, international trade guidance, sources of capital and social media strategy guidance.

See class time and dates @ [www.tsbdc.org/pscc](http://www.tsbdc.org/pscc). To sign up for a class call 865-246-2663— open Monday through Friday 8am - 4:30pm.



The Magnolia Avenue campus is also home to the new **Center for Student and Community Engagement** created to offer a broad range of services and resources for students in partnership with the community. It is a central location of support services and academic resources.



## Morningside Gardens/Green Thumb Program

**Programs/Services:** Food access

**Address:** 2020 MLK Jr Ave, Knoxville, TN, 37915

**Phone:** 865-254-5721 | **Email:** adam.caraco@knoxcac.org

**Morningside Gardens** is part of Knoxville-Knox County Community Action Committee (CAC)'s Community Garden Program. This program seeks to establish community gardens across Knox County for residents who do not have access to their own land to do so. Morningside Gardens is one of 20+ community gardens maintained by CAC. Morningside Garden is about 85 feet wide and 34 feet long. The garden also has access to a water pump.



CAC provides assistance for gardening as needed. Gardeners also qualify for CAC's Seed and Plant Distribution (Green Thumb Program). Contact Adam Caraco (see above contact information) to begin gardening at Morningside Gardens.

The **Green Thumb Program** distributes free seeds and plants to 1,100 households in Knoxville and Knox County each year. Qualified applicants receive 12 types of vegetable seeds, nine tomato plants and nine pepper plants. Recipients also receive gardening and nutrition information.

Sign up begins in February and goes as long as supplies last. Individuals can sign-up at the L.T. Ross Building (2247 Western Avenue) or CAC East Neighborhood Center (4200 Asheville Highway) and pick up their seeds from both locations.

**Fees** (Morningside Gardens and Green Thumb Program): NONE



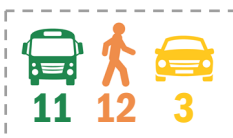
## OUR Urban Garden

**Programs/Services:** Food access

**Phone:** 865-313-4368 | **Email:** 4oco.org@gmail.com

*Location at corner of Juanita Cannon St. & Selma Ave.*

OUR Urban Garden is run by OUR Community Organization (OCO), a community association in the Five Points neighborhood. OCO is developing a plan for a community garden. They welcome participation from all individuals interested in building from the ground up to complete their vision of a community oasis. OCO's meeting times and location are on page 44 of the guide.



## Community Action Committee (CAC) East Neighborhood Center

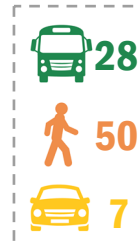
**Programs/Services:** Education, Housing, Transit, Senior services, Workforce development, Youth programs

**Address:** 4200 Asheville Hwy, Knoxville, TN 37914

**Phone:** 865-546-5125 | **Website:** www.knoxcac.org

CAC helps people help themselves by promoting self-sufficiency and independent living through intervention, education and empowerment. The East Neighborhood Center brings CAC and other social services close to the families and individuals who need them, including:

- **Information and Referral** for Human Services.
- **Employability Program:** help people help themselves, through job search, interview and resume assistance, along with additional support after you get a new job.
- **Comprehensive Emergency Services**
- **Community Organization:** assist grassroots organizations to improve community participation.
- **Tutoring & Mentoring Program:** equip low income youth, ages 6 to 18, with the skills to do basic math and read. Meet for 2-3 hours, one night a week during the school year.
- **Knox County CAC Transit:** provide accessible, demand response public transportation services to the residents of Knox County residents for a \$2.00 fee (one-way trip).
- **CAC's Office on Aging:** provide a wide variety of services and information for local senior citizens and their families .



## Community Hands, Inc.

**Programs/Services:** Food access

**Phone:** 865-406-7260

**Email:** CommunityHandsInc@gmail.com or  
CommunityHandsInc@facebook.com

A non-profit organization providing fresh vegetables and workshops for community members.



## C.O.N.N.E.C.T. Ministries

**Programs/Services:** Ex-offender programs, Veterans services, Workforce development, Youth programs

**Address:** 2340 Magnolia Ave, Knoxville, TN 37917

**Phone:** 865-524-8641 | **Website:** www.connectministries.net

**Project Fresh Start** engages inner city youth and young adults in education, sustainable employment training and community activities.

**Cities of Refuge Network** is a network of churches, businesses, non-profits and employers willing to walk alongside those who have fallen on hard times and need the love and support of people who believe in restoration, forgiveness and second chances.

**Urban Cowboy Restoration Program** helps ex-offenders reintegrate back into the community.

**V.E.T.S. Program** helps veterans reintegrate into society.

**Community Resource Training** provides referrals to certificate and apprenticeship programs.

**Volunteer Opportunities:** To become a volunteer, complete form @ <http://www.connectministries.net/volunteer.html> or email [wilma@connectministries.net](mailto:wilma@connectministries.net)



## Crutcher Memorial Youth Enrichment Center (CMY)

**Programs/Services:** Education, Youth programs

**Address:** 112 Lakeside St, PO Box 6747, Knoxville, TN 37914

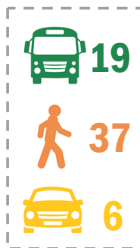
**Phone:** 865-637-7766 | **Email:** [cmycenter@comcast.net](mailto:cmycenter@comcast.net)

CMY is a non-profit organization offering an after-school program that enrolls new students in grades 2-5. The program helps children discover and nurture their talents. CMY encourages academic excellence and provides opportunities for young people to learn activities that promote productive leisure time. CMY follows the Knox County Schools calendar.

After-school program activities include homework assistance, internet-based math, language arts, etiquette, Spanish, nutrition/fitness activities, choral music, guest speakers, arts and crafts and more!

**Hours:** 3:00-5:30pm (Knox County Schools Full Days)

**Fees:** \$60 registration fee per child, per school year and \$120 tuition per child, per month—*Tuition includes transportation from area schools to CMY and a snack upon arrival.*



## Knoxville Vet Center (Department of Veterans Affairs)

**Programs/Services:** Veterans services

**Address:** 2817 Magnolia Ave, Knoxville, TN 37915

**Phone:** 865-633-0000 | **Website:** [www.va.gov](http://www.va.gov)

**Weekend & After-Hours Assistance:** 1-877-927-8387

Providing services to veterans and their families, including readjustment counseling to help veterans and their families to make successful transitions from military to civilian life.

**Hours:** (closed Sundays)

Monday: 7:30am—5:30pm

Tuesday: 7:00am—8:00pm

Wednesday: 7:00am—5:30 pm

Thursday: 7:00am—4:30 pm

Friday: 7:00am—4:30 pm

Saturday: 8:00am—4:30 pm (3rd Saturday of the month)



## Love Kitchen

**Programs/Services:** Food access

**Address:** 2418 Martin Luther King, Jr. Ave, Knoxville, TN 37915

**Phone:** 865-546-3248 | **Website:** [www.thelovekitchen.org](http://www.thelovekitchen.org)

Serves over 3,000 meals each week with more than 80% of those meals being delivered to homebound recipients.

Every Wednesday, in-house breakfast and emergency food bags filled with both canned and dry goods are distributed.

Every Thursday, in-house lunch is served and volunteers deliver meals to the elderly, disabled and homebound.



How to build  
**COMMUNITY**

**BAKE EXTRA**



**AND SHARE!**

## Knoxville Community Step Up

**Programs/Services:** Ex-offender programs

**Address:** P.O. Box 6189, Knoxville, TN 37914 (meetings held at the Beck Cultural Exchange Center, 1927 Dandridge Ave)

**Phone:** 865-237-6936

Community Step Up connects ex-offenders to resources to keep them out of the criminal justice system. They also empower people in the system.



## Knoxville Re-animation Coalition

**Programs/Services:** Historical organizations, Youth programs

**Address:** 2424 Brooks Rd, Knoxville, TN 37914

**Phone:** 310-795-0851

**Website:** [www.knoxvillereanimationcoalition.org](http://www.knoxvillereanimationcoalition.org)

Knoxville Re-animation Coalition (KRC) was created in 2009. The purpose is to create bridges between individuals in the Walter P. Taylor Homes community and surrounding areas.

KRC builds these bridges by educating youth about Knoxville's African-American history, plus teaching them writing and communication skills. The goal is to have youth research and create new narratives about their history, while uplifting their community and increasing neighborhood pride.



## Dr. E.V. Davidson Recreation Center

**Programs/Services:** Meeting/event space, Recreation, Senior services, Youth programs

**Phone:** 865-971-4746 | **Address:** 3124 Wilson Ave, Knoxville, TN 37914

**Website:** [www.knoxvilletn.gov/government/city\\_departments\\_offices/parks\\_and\\_recreation/facilities/community\\_centers](http://www.knoxvilletn.gov/government/city_departments_offices/parks_and_recreation/facilities/community_centers)

**Hours:** Monday-Thursday 1:00pm–9:00pm & Friday 10:00am-6:00pm

**Recreation Facilities:**

- Gymnasium and indoor basketball
- Weight room
- Group fitness classes
- Restrooms and locker rooms with showers
- Billiards room
- Game room
- Outdoor playground



**Summer Playground Program:** Recreational activities and field trips for ages 6-12. Participants are provided a lunch each day. Runs through June and July 9am - 3pm M-F

**Ca-L'a Fitness:** A fun workout program that targets your muscles. Classes are offered for \$4 on Thursdays from 7-8pm.

**Meeting & Event Space:** Community room for up to 150 people, available Monday through Sunday (8am - 10pm)

**Study Room:** includes library and computers

## Dr. Lee Williams Senior Center

**Programs/Services:** Meeting/event space, Recreation, Senior services

**Phone:** 865-403-1100 x1396

**Address:** 2240 Martin Luther King Jr. Ave, Knoxville, TN 37915

Dr. Lee Williams Senior Center is a space for residents of the Dr. Lee Williams Senior Complex. The center hosts activities for residents, including neighborhood association meetings, games and others. The center also serves as a congregate meal site for the Senior Nutrition program.

**Hours:** 10:00am-4:00pm, Monday-Friday

**Fees:** Free to enter and use facility. Event space usage costs may vary.





## East Knoxville Free Medical Center at Magnolia United Methodist Church

**Programs/Services:** Food access, Medical/health care

**Address:** 2700 E. Magnolia Ave, Knoxville, TN 37914

**Phone:** 865-766-0354 | **Website:** www.freeclinics.com/cit/tn-knoxville

The Magnolia Avenue United Methodist Church hosts the clinic and a **meal program on Mondays from 12pm - 6pm.**

*Patients without insurance are welcome.*



## Family Justice Center

**Programs/Services:** Housing, Youth programs

**Address:** 400 Harriet Tubman St, Knoxville, TN 37915

**Phone:** 865-215-6800 | **Email:** info@fjcknoxville.org

**Website:** www.fjcknoxville.com/

Provide domestic violence assistance and additional services for victims of domestic violence, including:

- Legal assistance
- Childcare
- Counseling
- Housing



## FISH Hospitality Pantry at St. Luke's Episcopal Church

**Programs/Services:** Food access, Workforce development

**Address:** 600 S. Chestnut Ave, Knoxville, TN 37914

**Phone:** 865-522-3474 | **Website:** www.fishpantry.org

**Hours:** Monday and Wednesday 10am - 1pm

**Women's Community School:** a 6-month training in community organizing and leadership development. To sign up, call 865-588-9200 or email jimwright@knoxvilleascension.org

**Food Pantry:** Pick up food at the East Knoxville pantry, or if you are unable to pick up your food, call FISH @ 865-523-7900 Monday - Saturday after 9am.

**Volunteer:** Email jimwright@knoxvilleascension.org to sign up.



## Knoxville Area Urban League (continued)

- **Read & Rise** literacy initiative ensures children have early literacy and pre-reading skills to prepare them for school.



**Opportunity to Earn (Jobs):** Workforce development and training programs include assessments, computer training, employment readiness, workforce counseling, job placement, customer service training and an in-house job board.



**Opportunity to Own (Housing):** A HUD-approved non-profit counseling agency, offering programs on pre-purchasing housing counseling, homebuyer education, budget and credit counseling, foreclosure counseling, renters' rights and mortgage assistance. Also provide free assistance for those having problems making mortgage payments.



**Opportunity to Prosper (Entrepreneurship):**

- The **Co.Starters** entrepreneurship training program for aspiring or seasoned entrepreneurs looking to launch a new product or service for a fee of \$200 (equal to \$20/week.) All you need to participate is a business idea you're ready, willing and excited to share and work on and a willingness to study, shape and fine-tune that idea.
- **Opportunity Loan Program:** As a certified Community Development Financial Institution, KAUL offers loans to entrepreneurs, 21 years or older, who do not qualify for financing at a traditional bank or credit. Qualified applicants receive loans to start and/or expand businesses in Knox County that will provide jobs, goods and services that meet the needs of the community.

## Knoxville Botanical Garden & Arboretum

**Programs/Services:** Meeting/event space, Recreation

**Address:** 2743 Wimpole Ave, Knoxville, TN 37914

**Phone:** 865-862-8717 | **Website:** www.knoxgarden.org

**Hours:** Sunrise to Sunset, 365 Days a Year

**Cost:** Admission is free!

**Volunteer Opportunities:** KBGA has a variety of opportunities for volunteers to get plugged in, from gardening, to helping with programs and events, to greeting visitors, to helping with administrative duties.

Email info@knoxgarden.org to get started.



## Knoxville Area Transit

**Programs/Services:** Transit

**Main Office Address:** 301 Church Ave, Knoxville, TN 37915

**Phone:** 865-637-3000 | **Website:** www.katbus.com

**Base fare:** \$1.50 | **Day pass:** \$4.00

**Reduced fares offered for those who are eligible.** Includes seniors 65 and over, Medicare cardholders, students under 18 and persons with disabilities (a KAT I.D. or Medicare card is required to ride for discounted fare). Contact KAT for more information on reduced fares.

**Routes currently running in Five Points: 30, 31, 32, 33 and 34.**

All KAT buses are equipped with easy-to-use bike racks and provide lift-accessibility.

Currently **23 different bus routes** serve the City of Knoxville including schedules for early morning start and late evening pick up.

**Six buses provide expanded Sunday service** and several buses offer fifteen minute service during peak weekday hours.

**Now plan your trip using Google Transit!** Available on katbus.com or on Google Maps. Visit katbus.com and click on the Trip Planner button to plan your trip.

## Knoxville Area Urban League

**Programs/Services:** Housing, Workforce development, Youth programs

**Address:** 1514 East 5th Ave, Knoxville, TN 37917

**Phone:** 865-524-5511 | **Email:** info@thekaul.org

**Website:** www.thekaul.org

Knoxville Area Urban League's mission is to enable African Americans, other minority groups and the underserved to secure economic self-reliance, parity, power and civil rights. Programs offered include four focus areas:

### Opportunity to Thrive (Children):

- **National Achievers Society** to identify and motivate academically achieving minority high school students in grades 10-12 with a 3.0 GPA or higher.
- **Project Ready** prepares young people in middle and high school, as well as their families, for higher education's challenges and hope.

## Fresh EBT

**Programs/Services:** Food access

**Website:** www.freshebt.com/

Fresh EBT is a FREE app that makes it easy to find out information about your EBT balance and benefits on your phone, instead of calling your benefits office. The app also helps you find grocery stores, corner stores and farmers markets that accept SNAP benefits.

Fresh EBT is available on the Apple store and the Google Play store.

## Girl Talk, Inc.

**Programs/Services:** Youth programs

**Address:** 318 N Gay St Suite #101, Knoxville, TN 37917

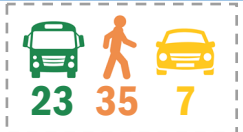
**Phone:** 865-851-7064 | **Email:** info@girltalkinc.com

**Website:** www.girltalkinc.com



A faith-based nonprofit helping girls, ages 9-18, build confidence & self-esteem, develop and achieve their goals and become strong women who transform their communities. Provides refuge and a safe place where girls can come to communicate real feelings, concerns and issues without judgment and condemnation.

Complete an online application to become a Girl Talk Girl or a Girl Talk Mentor.



## Green Magnet Academy

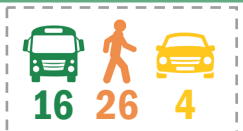
**Programs/Services:** Education, Food access

**Address:** 801 Lula Powell Dr, Knoxville, TN 37915

**Phone:** 865-594-1324

**Website:** www.knoxschools.org/greenma

Green Magnet Academy (GMA) is a STEAM-based elementary school (pre-k-5th grade). STEAM stands for Science, Technology, Engineering, the Arts and Mathematics. At GMA, these subjects are woven into the core curriculum (Language Arts, Social Studies, Music and Physical Education) through project based learning. GMA is also a part of the Community Schools initiative.



**GMA provides free breakfast and lunch to all its students.**

## Home Source East Tennessee (formerly Knoxville Housing Partnership)

**Programs/Services:** Housing

**Address:** 109 Winona Ave, Knoxville, TN 37917

**Phone:** 865-637-1679 | **Email:** info@homesourcetn.org

**Website:** www.homesourcetn.org

Can help you find a home to rent or buy. For leasing information, contact LaShawn Hall 865-637-1679 x228 or email lhall@homesourcetn.org. For buying information, contact Taylor Hays 865-637-1679 x223 or email thays@homesourcetn.org.

**Financial Fitness and Homebuyer Education** classes in Spanish and English – check when the courses are being offered @ <http://homesourcetn.org/education-counseling/course-calendar/>.

**Financial Fitness** is a FREE 4-week workshop series focused on credit repair, budget creation and action plans to help you reach your financial goals. To register contact Taylor Hays at 865-637-1679 x223 or email thays@homesourcetn.org.

**Homebuyer Education** is a 6-hour class covering credit, budgeting, applying for a home loan, shopping for a home and maintaining a home and finances. Offered in person and online. A certificate of completion will be provided that meets requirements for THDA and USDA loan products. To register contact Taylor Hays at 865-637-1679 x223 or email thays@homesourcetn.org.



## John T. O'Connor Senior Center

**Programs/Services:** Medical/health care, Meeting/event space, Recreation, Senior services

**Address:** 611 Winona St, Knoxville, TN 37917 (in Caswell Park)

**Phone:** 865-523-1135 | **Website:** www.knoxseniors.org

An activity center that provides a place where Knox County seniors (50+) can not only add years to their lives, but add life to their years.

- Programs focus on health services, physical fitness and exercise, recreation and education.
- Lunch available Monday–Thursday 11:00am-12:30pm

**Hours:** Monday–Friday 8:30am-4:30pm

**Fees:** None, but some classes may have a fee.



## Knox County Education Association

**Programs/Services:** Education

**Address:** 2411 Magnolia Ave, Knoxville, TN 37917

**Phone:** 865-522-9793 | **Email:** kceaintouch@bellsouth.net

**Website:** www.teateachers.org/local-website/knox-county-education-association

Knox County Education Association's mission is to promote quality education in Knox County. KCEA provides a support system that guarantees the opportunity for professional growth, secures and improves benefits and protects the rights of educators in Knox County.

KCEA understands that a teacher's working environment is his or her students' learning environment. They strive to optimize the growth and learning potential of each classroom. KCEA members are the advocates for Knox County's public education system. They are also active in advocating for our schools on the state level as well.

## Knoxville Area Rescue Mission (KARM)

**Programs/Services:** Workforce development

**Address:** 4302 Asheville Hwy, Knoxville, TN 37914

**Phone:** 865-521-0770 x327 | **Website:** www.karm.org/



**Hours:** Monday - Saturday 9am-5pm

Visit [karm.org/karm-stores/volunteer/#schedule](http://karm.org/karm-stores/volunteer/#schedule) to register to volunteer.

Volunteers must be at least 16 years old. However, students accompanied by an adult are welcome.

